

拍数: 96 墙数: 2 级数: Intermediate

编舞者: Niels Poulsen (DK) 音乐: My Love - Fredrik Kempe



## Thanks to Ole Lengsoe for bringing this beautiful piece of music to my attention

STEP SWEEP TWICE, STEP FORWARD LEFT, UNWIND ½ TURN RIGHT WITH RIGHT SWEEP, BEHIN	1D
SIDE, CROSS	

SIDE, CROSS	
1-3	Step forward on left, sweep right forward over 2 counts

4-6 Step forward on right, sweep left forward over 2 counts (facing 12:00)

7-9 Step forward on left, unwind ½ turn right sweeping right behind left (over 2 counts)

10-12 Cross right behind left, step left to left side, cross right over left (facing 6:00)

# SWAY LEFT TO LEFT SIDE, HOLD TWICE, BASIC WALTZ STEP WITH 1/4 RIGHT X 3

1-5 Step left to left side swaying your hips to left side (do this over 5 court	1-3	Step left to left side swaying your hips to left side (do this over 3 counts
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4-6 Turn ½ right stepping forward on right, bring left next to right, change weight onto (facing

9:00)

7-9 Turn ¼ right stepping left to left side, bring right next to left, change weight onto (facing

12:00)

10-12 Turn ¼ right stepping right to right side, bring left next to right, change weight onto right

(facing 3:00)

#### BASIC WALTZ STEP WITH 1/4 RIGHT TWICE, 1/4 RIGHT LEADING INTO EXTENDED WEAVE

1-3	Turn ¼ right stepping left to left side, bring right next to left, change weight onto (facing 6:00)
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4-6 Turn ¼ right stepping right to right side, bring left next to right, change weight onto right

(facing 9:00)

7-9 Turn ¼ right stepping left to left side, cross right behind left, step left to left side (facing 12:00)

10-12 Cross right over left, step left to left side, cross right behind left

#### SWAY LEFT, RIGHT, LEFT (WITH HOLDS), BASIC WALTZ STEP WITH 1/4 RIGHT

1-3	Step left to left side swaying your hips to left side (do this over 3 counts)
4-6	Step right to right side swaying your hips to right side (do this over 3 counts)
7-9	Step left to left side swaying your hips to left side (do this over 3 counts)

10-12 Turn ¼ right stepping forward on right, bring left next to right, change weight onto (facing:

3:00)

# BASIC WALTZ STEP WITH ½ TURN RIGHT TWICE, STEP, ½ UNWIND RIGHT, SWEEP BEHIND, TURN ¼ LEFT, STEP

1-3	3	Turn ½	₂ right	t stepping ba	ack on left,	bring right next	t to left,	, change weight ont	to left (facing
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9:00)

4-6 Turn ½ right stepping forward on right, bring left next to right, change weight onto right (facing

3:00)

7-9 Step forward on left, unwind ½ right sweeping right behind left (over 2 counts)

10-12 Cross right behind left, turn 1/4 left stepping forward on left, step forward on (facing 6:00)

Restart here on 3rd wall

# STEP SWEEP TWICE, BACK TWINKLE TWICE (TRAVELING BACKWARDS)

1-3	Step forward on left, sweep right forward over 2 counts
4-6	Step forward on right, sweep left forward over 2 counts
7-9	Cross left over right, step back on right, step back on left

10-12 Cross right over left, step back on left, step back on right (facing 6:00)

# STEP LEFT DIAGONALLY RIGHT (HOLD), STEP BACK (HOLD), SWAY LEFT (HOLD), BASIC WALTZ STEP WITH 1/4 RIGHT

1-3	Cross left diagonally	forward over right.	slide right towards left, hold	I (facing 7:30)
1 0	Oross icit diagonally	norward over right,	Shac right towards left, floid	i (lacing r.oc)

4-6 Step diagonally back on right, slide left next to right, hold

7-9 Turn 1/8 left to left side swaying your hips to left side (do this over 3 counts (facing 6:00) 10-12 Turn ¼ right stepping forward on right, bring left next to right, change weight onto right (facing

9:00)

# BASIC WALTZ STEPS WITH 1/2 & 1/4 TURN RIGHT, TWINKLE TWICE

DASIC WALTZ STEPS WITH /2 & /4 TORN RIGHT, TWINKLE TWICE				
1-3	Turn ½ right stepping back on left, bring right next to left, change weight onto left (facing			
	3:00)			
4-6	Turn ¼ right stepping right to right side, bring left next to right, change weight onto right			

(facing 6:00)

7-9 Cross left over right, step right to right side, step left to left diagonal 10-12 Cross right over left, step left to left side, step right to right diagonal

## **REPEAT**

## **RESTART**

Restart on 3rd wall, after 60 counts, when facing 6:00