My Kind Of Dance



编舞者: Rainy Dae (USA)

音乐: My Kind of Music - Ray Scott



To my "Favorite" son-in-law, Steve, who is learning to like my kind of music, and to my dancing buddies at "Get In A Line...And Dance"

WALK, WALK, MAMBO ROCK, WALK, WALK, MAMBO ROCK

1-2	Walk forward right	walk forward left
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Rock forward on right foot, recover weight on left foot, step right beside left

5-6 Walk backward left, walk backward right

7&8 Rock backward on left foot, recover weight on right foot, step left beside right. (12:00)

HEEL, TOE, HEEL, AND HEEL, TOE, HEEL, COASTER STEP

1-3 Touch right heel forward, cross right leg over left foot touching right toe to floor, touch right

heel forward

& Step right foot next to left

4-6 Touch left heel forward, cross left leg over right touching left toe to floor, touch left heel

forward

7&8 Left coaster (left back, right back, left forward) (12:00)

JAZZ BOX BRUSH, CROSS, UNWIND, HOLD

1-4 Cross right over left, step back on left, step right to right, brush left foot

5-8 Cross left toe over right, unwind (right) ½ wall over two counts placing weight on left, hold

(6:00)

STEP-LOCK-STEP SCUFF, ROCK RECOVER, LONG STEP DRAG TOUCH

1-4 Step right forward, lock left behind right, step right forward, scuff left foot

5-8 Rock forward on left, recover on right, long step back on left, drag right toe next to left (6:00)

RIGHT VINE WITH A TOUCH, LEFT 1&1/2 ROLLING VINE

Step right to right, step left behind, step right to right, touch left next to right
 Turn ¼ left stepping forward on left, turn ½ left stepping back on right, (9:00)
 Turn ½ left stepping forward on left, turn ¼ left stepping on right (12:00)

5-8 can be done as a left ½ rolling vine turn

STOMP, KICK, SAILOR STEP, MONTEREY TURN

1-2 Stomp left foot, kick left foot out forward at a slight angle to the left (with attitude)

3&4 Left sailor step (step left behind right, step right to right, step left to left)

5-8 Point right to right, turning ½ right step on right, point left to left, step left next to right (6:00)

ROCK RECOVER, SHUFFLE TURN, PIVOT TURN SHUFFLE

1-2 Rock forward on right, recover on left

3&4 Turning ½ right, shuffle right-left-right (12:00)

5-6 Step left forward, pivot ½ right (6:00)

7&8 Shuffle forward left-right-left

TURNING JAZZ BOX BRUSH, STEP, HOLD, PIVOT, HOLD

1-4 Cross step right over left, step back on left, step right ¼ turn right, brush left (9:00)

5-6 Step left forward, hold 7-8 Pivot ½ right, hold (3:00)

CROSS ROCK RECOVER, SHUFFLE, ROCK BACK RECOVER SHUFFLE (DONE AT DIAGONALS)

1-2 Cross rock left over right (facing 5:00), recover on right

3&4 Shuffle back left-right-left (facing 5:00)

5-6 Rock back on right, recover on left (now facing 3:00)
7&8 Shuffle back right-left-right turning to face 1:00)

ROCK BACK RECOVER, SHUFFLE, CROSS ROCK RECOVER (DONE AT DIAGONALS), TURNING SHUFFLE

1-2 Rock back on left, recover on right, (facing 1:00)

3&4 Shuffle forward right-left-right (1:00)

5-6 Cross rock right over left, recover on left (now facing 3:00)

7&8 Shuffle ½ to right (9:00) right-left-right

FULL TURN, SHUFFLE, ROCK RECOVER, FULL SHUFFLE TURN

1 Turning ½ right, step back on left (3:00) 2 Turning ½ right, step forward on right (9:00)

3&4 Forward shuffle left-right-left5-6 Rock forward right, recover left

7&8 On the spot full right turning shuffle right-left-right (9:00)

1-2 can be done as walk forward left, walk forward right

7&8 can be done as a right shuffle in place

ROCK RECOVER, LOCKING SHUFFLE, ROCK RECOVER PIVOT TURN

1-2 Left rock forward, recover on right

3&4 Step back left, lock right over left, step back left

5-6 Rock back on right, recover left

7-8 Step forward on right, pivot ¼ left (6:00)

REPEAT

Steps 1-64 are always done to front and back walls, 65-96 to side walls. Dance ends facing front after 32 counts