

My Heart Is Just For You

COPPER BY STEPSHEETS **KNOB**

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Joe Lim (AUS) & Nancy Lim (AUS)
音乐: Just for You - Lionel Richie



This dance is dedicated to my loving wife, Nancy for her love & care, support & understanding

RUMBA BOX (MODIFIED - USE SMALL STEPS WITH SWAYS)

1-4 Step right forward diagonally & sway, hold, step left forward, step right forward
5-8 Step left backward diagonally & sway, hold, step right backward, tap left toe left

ROCK, ROCK, CROSS SHUFFLE

9-10 Step left behind right, step right to right
11&12 Step left front of right, step right to right, step left front of right rock, rock, cross shuffle
13-14 Step right to right, step left to left
15&16 Step right front of left, step left to left, step right front of left

ROCK, ROCK, TRIPLE STEP TURNING ½ LEFT

17-20 Step left forward, step right backward, triple step (left right left) turning ½ left

ROCK FORWARD TURNING ¼ LEFT, ROCK, CROSS ROCK, ROCK

21-24 Step right forward turning ¼ left, step left to left, step right front of left, step left backward rock, rock, sailor step
25-28 Step right to right, step left to left, step right behind left, step left to left, step right beside left rock, rock, sailor step turning ¼ right
29-32 Step left to left, step right to right, step left behind right, step right to right turning ¼ right, step left beside right

ROCKING CHAIR (MODIFIED)

33-36 Step right backward, step left forward, step right forward, step left backward

vaudeville steps

37&38 Tap right toe to right (37), step right together, tap left toe to left (38)
&39&40 Step left beside right, tap right toe to right (39), step right together, tap left heel forward (40)

ROCK, ROCK TURNING ¼ RIGHT, ROCK TURNING ¼ RIGHT, ROCK

&41 Step left beside right, step right forward (41)
42-44 Step left backward turning ¼ right, step right to right turning ¼ right, step left forward vaudeville steps
45-48 Repeat steps 37&38&39&40 rock, rock, rock step rock (or use coaster step)
&49-50 Step left beside right, step right forward (49), step left forward
51&52 Step right backward (51), step left slightly backward, step right forward (52) rock, rock, triple step turning ½ left
53-56 Step left forward, step right backward, triple step (left right left) turning ½ left

ROCK, HOLD, BEHIND, CROSS

57-60 Step right to right, hold, step left behind right, step right front of left rock, behind, rock, hold
61-64 Step left to left, step right b/h left, step left forward, hold

REPEAT

TAG

After the 3rd repetition, you'll face the back wall (6:00). Do the following 16 count tag, and then restart the dance:

1-4& Forward walks (right left right left), step right forward

5-8 Step left backward, step right backward, triple step (left right left) turning $\frac{1}{2}$ left

9-16 Repeat above steps 1-8

FINISH

After the 5th repetition, you'll face the back wall again (6:00). Dance the first 32 counts to finish facing the front wall (12:00)
