My Heart Goes To Angela



拍数: 48 墙数: 2 级数: Improver

编舞者: Ian Grey (UK)

音乐: My Heart Has a History - Paul Brandt



LEFT FORWARD, BEHIND, TRIPLE STEP, RIGHT FORWARD, BEHIND, TRIPLE STEP

Touch left heel forward, touch left toe back 1-2

3&4 Step left, right, left, (in place)

5-6 Touch right heel forward, touch right toe back

7&8 Step right, left, right, (in place)

ROCK FORWARD, BACK, TRIPLE STEP, ROCK BACK, FORWARD, TRIPLE STEP

9-10 Rock forward on left, rock back on right

11&12 Step left, right, left, (in place)

13-14 Rock back on right, rock forward on left

15-16 Step right, left, right, (in place)

PENDULUM SWING, CLAP, KICK BALL CHANGE TWICE

17&18	Touch left out to side, back to place, while touching right out to side
&19-20	Right back to place, while touching left out to side, clap hands on 20th beat
24922	Laft bigk farward, atom laft book to place, atom right next to laft

Left kick forward, step left back to place, step right next to left 21&22 23&24 Left kick forward, step left back to place, step right next to left

GRAPEVINE, PENDULUM SWING, CLAP

25-26	Step left to side, step right behind left
27-28	Step left to side, touch right next to left

29&30 Touch right out to side, back to place, while touching left out to side

&31-32 Left back to place, touch right out to side, clap

KICK BALL CHANGE TWICE, GRAPEVINE

33&34	Right kick forward, step right back to place, step left next to right
35&36	Right kick forward, step right back to place, step left next to right
37-38	Step right to side, step left behind right
39-40	Step right to side, touch left next to right

Step right to side, touch left next to right

STEP, SLIDE, STEP, ½ TURN WITH HITCH, STEP, SLIDE, STEP TOUCH Step left forward, slide right up next to left

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43-44	Step left forward,	, make half	turn to left on l	ball of left foot,	hitching right

45-46 Step right forward, slide left up next to right Step right forward, touch left next to right 47-48

REPEAT

41-42