

# My Heart

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Lonewolf  
音乐: Open Season On My Heart - Tim McGraw



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## **SIDE SHUFFLE, CROSS, FULL TURN, SIDE SHUFFLE, CROSS, FULL TURN**

1&2      Right side shuffle (right-left-right)  
3-4      Step crossing left over right, unwind full turn right (keep feet in place and pivot weight on right)  
5&6      Left side shuffle (left-right-left)  
7-8      Step crossing right over left, unwind full turn left (keep feet in place and pivot weight on left)

## **SIDE ROCK, RECOVER, ¾ TURN, KICK, COASTER, SIDE STEP, PIVOT AND TOUCH**

9-10      Side rock right, recover on left  
11-12      Pivot ¾ turn left on ball of left foot, kick right foot forward (3:00)  
13&14      (Coaster step) step back on right, step together on left, step forward on right  
15-16      Step left foot to left side, pivot ¼ left on ball of left and touch right beside left (6:00)

## **SHUFFLE FORWARD, ROCK, RECOVER, ROCK, RECOVER, SHUFFLE BACK**

17&18      Shuffle forward (right-left-right)  
19-20      Left foot rock forward, recover on right  
21-22      Left foot rock forward, recover on right  
23&24      Shuffle back (left-right-left)

## **ROCK, RECOVER, ROCK, RECOVER, CROSS, UNWIND ¾, STEP, HOLD**

25-26      Right foot rock back, recover on left  
27-28      Right foot rock back, recover on left  
29-30      Step crossing right over left, unwind ¾ turn left with weight on right and left toe forward  
31-32      Step down on left shifting weight forward to left, hold

**REPEAT**

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