

My Heart

拍数: 48 墙数: 2 级数: Beginner
编舞者: Curtis "Hoss" Marting (USA)
音乐: My Heart Wasn't in It - Ronna Reeves



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- 1-4 Walk back, right, left, right, hitch left knee
5-8 Left grapevine with a $\frac{1}{4}$ turn left, right toe touch
- 1-2 Step back 45 degree angle on right foot, touch left toe beside right & clap
3-4 Step back 45 degree angle on left foot, touch right toe beside left & clap
5-6 Repeat 1-2
7-8 Repeat 5-6
- 1-4 Forward right grapevine roll, stomp left
5&6 Right kick ball change
7-8 Rock back onto right foot, step forward onto left foot
- 1&2 Shuffle forward, right, left, right
3-4 Step forward to ball of left foot, $\frac{1}{2}$ turn pivot to right
5&6 Shuffle forward left, right, left
7-8 Rock back onto right foot, step forward onto left
- 1&2 Shuffle forward right, left, right while doing a $\frac{1}{2}$ turn to left
3-4 Rock back onto left foot, step forward onto right
5-6 Step forward on to left foot, $\frac{1}{4}$ turn to right
7-8 Two left heel taps (changing weight to left foot on second heel tap)
- 1-8 Two right $\frac{1}{4}$ Monterey turns

REPEAT
