

My Guy

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Linda Burgess (AUS)
音乐: My Guy - Mary Wells



-
- 1&2-3-4 Kick right forward, step right slightly back on ball of foot, step left in place (ball change), step forward right, hold & clap
5-6-7&8 Rock/step forward left, replace weight back onto right, left coaster
- 1-2-3&4 Rock/step forward right, replace weight back onto left, turning ½ right, shuffle forward right-left-right
5-6-7&8 Step forward left, pivot ½ right, shuffle forward left-right-left
- 1-2-3&4 Rock/step right to side, replace weight to left, right cross shuffle to left
5-6-7&8 Step left to side, hinge ½ turn right, stepping right to right side, left cross shuffle to right
- 1-8 Rock/step right to side, replace weight to left, (weave)-crossing right over left, step left to side, cross/step right behind left, turn ¼ left & step forward left, step forward right & pivot ½ turn left
- 1-2-3&4 Rock/step forward right, replace weight to left, turn ½ right & shuffle forward right-left-right
5-6-7&8 Rock/step forward left, replace weight to right, turn ½ left & shuffle forward left-right-left
- 1&2-3-4 Tap right heel to 45 degrees right, step right slightly back on ball of foot, cross/step left over right (right heel ball cross), rock/step right to side, replace weight to left
5&6-7-8 Cross/step right behind left, step left to side, cross/step right over left, big step left dragging right toe towards left
- 1-2-3&4 Cross/rock right over left, replace weight back to left, right coaster
5-6-7&8 Cross/rock left over right, replace weight back to right, left coaster
- 1-2-3-4 Step forward right, pivot ½ turn left, step forward right, pivot ½ turn left
5&6-7&8 Shuffle forward right-left-right, shuffle forward left-right-left

REPEAT
