

# My Friend Jack

**COPPER** **KNOB**  
BY STEPHEN BRETZ

拍数: 80      墙数: 4      级数: Intermediate  
编舞者: Peter Giam (SG)  
音乐: My Friend Jack - Boney M.



## POINT RIGHT, TOGETHER, POINT RIGHT, SLAP RIGHT, SIDE ROCK, ROCK BACK FORWARD

- 1-4      Touch right toe to right side, touch right toe to left instep, touch right toe to right side, bring right foot up behind left leg & slap it with left hand  
5-6-7&8      Rock right foot to right side, recover weight on left foot, right foot rock back, left foot step in place, right foot step forward

## POINT LEFT, TOGETHER, POINT LEFT, SLAP LEFT, SIDE ROCK, ROCK BACK FORWARD

- 1-4      Touch left toe to left side, touch left toe to right instep, touch left toe to left side, bring left foot up behind right leg & slap it with right hand  
5-6-7&8      Rock left foot to left side, recover weight on right foot, left foot rock back, right foot step in place, left foot step forward

## SHUFFLE ROCK BACK, SHUFFLE ¼ TURN LEFT, SHUFFLE

- 1&2-3-4      Shuffle to right on right left right, rock back on left, rock weight forward onto right  
5&6-7&8      Shuffle on left right left making ¼ turn to left, shuffle to right on right left right

## VINE LEFT, KNEE & HIP CIRCLE

- 1-4      Step left to left side, step right behind left, step left to left side, cross right in front of left  
5-8      Touch left toe forward, circle knee & hip to the left twice

## KICK BALL CHANGE TWICE, SHUFFLE ¼ TURN LEFT, SHUFFLE

- 1&2      Kick forward with left foot, rock back with ball of left foot, recover weight forward to right foot  
3&4      Kick forward with left foot, rock back with ball of left foot, recover weight forward to right foot  
5&6-7&8      Shuffle on left right left making ¼ turn to left, shuffle to right on right left right

## POINT FRONT, SIDE, SAILOR STEP TWICE

- 1-2-3&4      Point left toe to front, side, cross left behind right, step right to right, step left to left  
5-6-7&8      Point right toe to front, side, cross right behind left, step left to left, step right to right

## KICKS SHUFFLES TWICE

- 1-2-3&4      Kick left foot forward twice, left forward shuffle  
5-6-7&8      Kick right foot forward twice, right forward shuffle

## PIVOT ½ RIGHT, SHUFFLE, PIVOT ½ LEFT, SHUFFLE

- 1-2-3&4      Step left foot forward making ½ turn to right, step forward left right left  
5-6-7&8      Step right foot forward making ½ turn to left, step forward right left right

## VINE LEFT, SHUFFLE ¼ TURN LEFT, PIVOT ½ TURN LEFT, SHUFFLE

- 1-2-3&4      Step left to left, cross right behind left, step left to left making ¼ turn to left, step forward right left  
5-6-7&8      Step right forward making ½ turn to left, step forward right left right

## FORWARD CROSS TOUCHES, IN IN STOMP CLAP

- 1-4      Cross left foot in front right foot, touch right toe to right side, cross right foot in front left foot, touch left toe to left side  
5-8      Step left foot in place, step right foot beside left, stomp left foot & clap hands

**REPEAT**

**TAG**

**At the end of wall 3, you need to add 4 counts**

1&2            Jump forward on right, left, clap

3&4            Jump backward on right, left, clap

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