

# My Friend (A Dance For Connor)

**COPPER** KNOB  
STEPSHEETS

拍数: 48      墙数: 2      级数:  
编舞者: Kerri Limb (UK)  
音乐: Every Day Every Night - Mark Pinellie



This dance is dedicated to Connor Friend, a six year old boy who tragically died in September 2001.

## ROCK RECOVER, SHUFFLE FORWARD TWICE

1-2      Rock right foot out to right side recover on left  
3-4      Shuffle forward right, left, right  
5-6      Rock left foot out to left side recover on right  
7-8      Shuffle forward left, right, left

## STEP SIDE, BEHIND ¼ TURN SHUFFLE. STEP ½ TURN PIVOT, FULL TURN

1-2      Step right to right side, step left behind right  
3-4      Making a ¼ turn to your right, shuffle forward on a right, left, right  
5-6      Step forward on left foot make a ½ turn over right shoulder  
7-8      Step forward on left foot making a full turn over right shoulder, step down on right foot

## ROCK & CROSS TWICE BACK LOCK STEPS TWICE

1&2      Rock left out to left side, cross left over right  
3&4      Rock right out to right side, cross right over left  
5&6      Step back left, lock right in front of left, step back left  
7&8      Step back right, lock left in front of right, step back right

## JAZZ BOX WITH A SWEEP

1      Step forward on left foot  
2      Sweep right foot past left foot  
3      Cross right foot across left foot  
4      Step left beside right foot

## CHASSE RIGHT, ROCK BACK, CHASSE LEFT, ROCK BACK

1&2      Step right to right side, step left beside right, step right to right side  
3-4      Rock back on left foot, recover on right  
5&6      Step left to left side, step right beside left, step left to left side  
7-8      Rock back on right foot, recover on left

## ½ TURN PIVOT, SHUFFLE FORWARD TWICE

1-2      Step forward on right foot, pivot ½ turn over left shoulder  
3-4      Shuffle forward right, left, right  
5-6      Step forward on left foot, pivot ½ turn over right shoulder  
7-8      Shuffle forward left, right, left

## ½ TURN PIVOT, CROSS UNWIND ¾ TURN

1-2      Step forward on right foot, pivot ½ turn over left shoulder  
3-4      Cross right foot over left, unwind ¾ turn over left shoulder

**REPEAT**

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