

# My First Cha-Cha

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Stella Cabeza (USA)  
音乐: Go West - Brooks & Dunn



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## TOUCH, HITCH, SHUFFLE BACK; TOUCH HITCH, SHUFFLE BACK

1-2      Touch right toe forward; hitch right knee  
3&4      Shuffle back: right, left, right  
5-6      Touch left toe forward; hitch left knee  
7&8      Shuffle back: left, right, left

## ROCK BACK, RECOVER; SHUFFLE FORWARD; ROCK FORWARD RECOVER, SHUFFLE BACK

1-2      Rock step back on right; recover forward on left  
3&4      Shuffle forward: right, left, right  
5-6      Rock step forward on left; recover back on right  
7&8      Shuffle back: left, right, left

## STEP RIGHT, TOGETHER, SHUFFLE; STEP LEFT, TOGETHER, SHUFFLE

1-2      Step side right; step left together  
3&4      Shuffle to right: right, together, turn  $\frac{1}{4}$  right and step on right  
5-6      Step side left step right together  
7&8      Shuffle to left: left, right, left

## CROSS, RECOVER, SHUFFLE; CROSS, RECOVER, SHUFFLE

1-2      Cross rock right over left; recover onto left  
3&4      Shuffle to right: right, left, right  
5-6      Cross rock left over right; recover onto right  
7&8      Shuffle to right: left, right, left

**REPEAT**

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