# My Everything



拍数: 64 墙数: 4 级数: Improver social cha

编舞者: Sylvia Schell (USA)

音乐: Everything - Michael Bublé



#### ROCK BACK, RECOVER, SHUFFLE 1/4 TURN, ROCK, RECOVER, SHUFFLE 1/2 TURN

1-2	Rock left behind right, recover right
3&4	Turning ¼ turn left shuffle (left, right, left)
5-6	Rock forward on right, recover left

7&8 Turning ½ turn right shuffle (right, left, right) (3:00)

## CROSS ROCK, RECOVER, SHUFFLE 1/4 TURN, ROCK, RECOVER, SHUFFLE 1/2 TURN

1-2	Cross left over right, recover right
3&4	Turning ¼ turn left shuffle (left, right, left)
5-6	Rock forward on right, recover left

7&8 Turning ½ turn right shuffle (right, left, right) (6:00)

### SIDE LEFT, CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER

1-3 Step left to left side, cross right over left, recover left

Shuffle (right, left, right) to right side 6-7 Cross left over right, recover right

# STEP LEFT ¼ TURN, STEP BACK RIGHT ½ TURN, ¼ TURN SHUFFLE, CROSS ROCK, RECOVER, SHUFFLE, HOLD

8-1	Step left forward turning ¼ turn left, step back on right turning ½ turn left

2&3 Shuffle (left, right, left) turning ½ turn left (6:00)

4-5 Cross right over left, recover left6&7 Shuffle (right, left, right) to right side

8 Hold

## ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, ROCK, RECOVER, SIDE SHUFFLE

1&2	Rock left behind right, recover right, step left beside right
3&4	Rock right behind left, recover left, step right beside left
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5-6 Rock left behind right, recover right 7&8 Shuffle (left, right, left) to left side

## ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, ROCK, RECOVER, SHUFFLE 1/4 TURN

1&2	Rock right behind left, recover left, step right beside left
3&4	Rock left behind right, recover right, step left beside right

5-6 Rock right behind left, recover left

7&8 Turning ¼ turn left shuffle back (right, left, right) (3:00)

Restart here on 2nd rotation (you will be facing 6:00 when you restart dance)

## ROCK BACK, RECOVER, FORWARD SHUFFLE, ROCK FORWARD, RECOVER, SHUFFLE BACK

1-2	Rock back on left, recover right
3&4	Shuffle forward (left, right, left)
5-6	Rock forward on right, recover left
7&8	Shuffle back (right, left, right)

### SIDE, BEHIND, SIDE, BEHIND, SIDE SHUFFLE, STEP FORWARD, HOLD

1-4 Step left side with left, step behind with right, step left side with left, step behind with right

5&6 Shuffle (left, right, left) to left side

## Step forward on right, hold

**REPEAT** 

7-8

## **RESTART**

Restart during second rotation as noted above