

My Destiny

COPPER KNOB
BY STEPHEN BATES

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kate Jones (UK) & David Spencer (UK)
音乐: My Destiny - Lionel Richie



RIGHT SIDE TOGETHER, RIGHT SHUFFLE FORWARD, LEFT FORWARD ROCK, LEFT SHUFFLE ½ TURN LEFT

1-2 Step right long step to right side, step left beside right
3&4 Right shuffle forward stepping right, left, right
5-6 Rock forward on left, recover back onto right
7&8 Make half turn left stepping left, right, left (6:00)

RIGHT SIDE TOGETHER, RIGHT SHUFFLE FORWARD, LEFT FORWARD ROCK, LEFT SHUFFLE ½ TURN LEFT

1-8 Repeat counts 1-8 of section 1 (12:00)

RIGHT KICK BALL STEP TWICE (TRAVELING FORWARD), RIGHT SIDE ROCK, RIGHT LOCK STEP BACK

1&2 Kick right foot forward, step down on right next to left, step forward on left
3&4 Kick right foot forward, step down on right next to left, step forward on left
5-6 Rock right to right side, recover onto left
7&8 Step back on right, lock left across right, step back on right (12:00)

½ TURN LEFT STEP FORWARD, LEFT SHUFFLE FORWARD, RIGHT SIDE TOGETHER, RIGHT SHUFFLE BACK, LEFT STEP BACK

1-2 Make ½ turn left on ball of right stepping forward left, step forward right
3&4 Left shuffle forward stepping left, right, left
5-6 Step right long step to right side, step left beside right
7&8& Right shuffle back stepping right, left, right, step back on left (6:00)

Tag is danced here on wall 2 only

HEEL SWITCHES, 2 WALKS FORWARD, STEP PIVOT ¼ TURN LEFT, RIGHT SHUFFLE FORWARD

1&2& Dig right heel forward, close right beside left, dig left heel forward, close left beside right
3-4 Walk forward right, left
5-6 Step forward on right, pivot ¼ turn left (weight on left)
7&8 Right shuffle forward stepping right, left, right (3:00)

HEEL SWITCHES, 2 WALKS FORWARD, STEP PIVOT ¼ TURN RIGHT, LEFT CROSS SHUFFLE

1&2& Dig left heel forward, close left beside right, dig right heel forward, close right beside left
3-4 Walk forward left, right
5-6 Step forward on left, pivot ¼ turn right (weight on right)
7&8 Cross step left over right, step right to right side, cross step left over right (6:00)

Restart is danced here on wall 4 only

RIGHT SCISSOR, LEFT SIDE ROCK ¼ TURN RIGHT, LEFT SHUFFLE FORWARD, FULL TURN LEFT

1&2 Step right to right side, close left beside right, cross right over left
3-4 Rock left to left, recover onto right making ¼ turn right
5&6 Left shuffle forward stepping left, right, left
7-8 ½ turn left stepping back on right, ½ turn left stepping forward on left (9:00)

RIGHT FORWARD COASTER, BACK ROCK, STEP PIVOT ½ TURN RIGHT, LEFT SHUFFLE FORWARD

1&2 Step forward on right, close left beside right, step back on right

3-4 Rock back on left, recover forward onto right
5-6 Step forward on left, pivot ½ turn right
7&8 Left shuffle forward stepping left, right, left (or triple full turn right) (3:00)

REPEAT

TAG

On wall 2, dance up to count 32 (right shuffle back (7&8), step back on left (&), then insert 4 count tag

1-4 Side rock right, left, right, left (you will be facing 9:00 at this point)

Then continue dance from count 33 (heel switches right and left), still classed as the 2nd wall

RESTART

On wall 4, dance up to count 48 (left cross shuffle), then start dance from beginning (facing 3:00)
