

My Better Half

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK)
音乐: Call On Me - Glenn Frey



CROSS, SIDE, BEHIND, & CROSS, RIGHT SIDE ROCK, RIGHT CROSS SHUFFLE

1-2 Cross step left over right, step right to right side
3&4 Cross left behind right, step right to right side, cross step left over right
5-6 Rock right out to right side, recover weight on left
7&8 Cross step right over left, step left to left side, cross step right over left

SIDE, BEHIND, & CROSS TOE STRUT, LEFT SIDE ROCK, LEFT SAILOR QUARTER TURN LEFT

1-2 Step left to left side, cross right behind left
&3-4 Step left to left side, cross right toe over left, drop right heel to floor
5-6 Rock left out to left side, recover weight on right
7&8 Sweep left out and behind right turning $\frac{1}{4}$ turn left, step right beside left, step forward on left

FORWARD ROCK, RIGHT SHUFFLE HALF TURN RIGHT, FORWARD ROCK, LEFT COASTER CROSS

1-2 Rock forward on right, rock back on left, (facing 9:00)
3&4 Right shuffle back turning $\frac{1}{2}$ turn right stepping right, left, right
5-6 Rock forward on left, rock back on right
7&8 Step back on left, step right beside left, cross step left over right, (facing 3:00)

TOE POINT RIGHT, HOLD AND CLAP, SIDE TOE SWITCHES, TOE POINT LEFT, HOLD AND CLAP, CROSS ROCK BACK

1-2 Point right toe out to right side, hold and clap
&3 Step right beside left, point left toe out to left side
&4 Step left beside right, point right toe out to right side
&5-6 Step right beside left, point left toe out to left side, hold and clap
7-8 Cross rock back left behind right, rock forward on right

CHASSE LEFT, CROSS ROCK BACK, CHASSE QUARTER TURN RIGHT, STEP, PIVOT HALF TURN RIGHT

1&2 Step left to left side, close right beside left, step left to left side
3-4 Cross rock back right behind left, rock forward on left
5&6 Step right to right side, close left beside right, turn $\frac{1}{4}$ turn right stepping forward on right
7-8 Step forward on left, pivot $\frac{1}{2}$ turn right, (facing 12:00)

LEFT SHUFFLE FORWARD, FORWARD ROCK, & HEEL JACK, HOLD AND CLAP, & RIGHT TOE STRUT FORWARD

1&2 Left shuffle forward stepping left, right, left
3-4 Rock forward on right, rock back on left
&5-6 Step back on right, touch left heel forward (lean back), hold and clap
&7-8 Step left beside right, step forward on right toe, drop right heel to floor

STEP, PIVOT QUARTER TURN RIGHT, LEFT CROSS SHUFFLE, 2 X QUARTER TURNS LEFT, FORWARD ROCK

1-2 Step forward on left, pivot $\frac{1}{4}$ turn right, (facing 3:00)
3&4 Cross step left over right, step right to right side, cross step left over right
5-6 Turn $\frac{1}{4}$ turn left stepping back on right, turn $\frac{1}{4}$ turn left stepping left to left side
7-8 Rock forward on right, rock back on left, (facing 9:00)

2 X HALF TURNS RIGHT (TRAVELING BACK), RIGHT SHUFFLE BACK, BACK ROCK, 2 X WALKS FORWARD

- 1-2 Turn ½ turn right stepping forward on right, turn ½ turn right stepping back on left
- 3&4 Right shuffle back stepping right, left, right
- 5-6 Rock back on left, rock forward on right
- 7-8 Walk forward on left, step slightly forward on right, (facing 9:00)

REPEAT

TAG

**When dancing to "My Best Drinkin" or "You're My Better Half", an 8 Count Tag is needed at the End of Wall 2
CROSS ROCK FORWARD, CHASSE LEFT, CROSS ROCK FORWARD, CHASSE RIGHT, (FACING 6:00)**

- 1-2 Cross rock forward left over right, rock back on right
 - 3&4 Step left to left side, close right beside left, step left to left side
 - 5-6 Cross rock forward right over left, rock back on left
 - 7&8 Step right to right side, close left beside right, step right to right side
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