

My Best Friend

COPPER KNOB
BY STEPHEN BATES

拍数: 48 墙数: 2 级数: Improver waltz
编舞者: Pat Stott (UK)
音乐: Mother - Magill



TWINKLE, WEAVE, SIDE, SLIDE, HOLD, ROLL TO RIGHT

1-3 Cross left over right, step right to right, close left to right
4-6 Cross right over left, step left to left, cross right behind left
7-9 Step left to left, slide right to left, hold
10-12 Turn $\frac{1}{4}$ to right and step forward on right, pivot $\frac{1}{4}$ to right on right and step to side on left, pivot $\frac{1}{2}$ to right on left foot and step right to right

FORWARD BASIC, BACK BASIC, FORWARD, $\frac{1}{2}$ TURN, BACK, SLIDE, HOLD, FORWARD BASIC, BACK BASIC, FORWARD, FULL TURN FORWARD

13-15 Step forward on left, close right to left, step in place on left
16-18 Step back on right, close left to right, step in place on right
19-21 Step forward on left, turn $\frac{1}{2}$ to left on left and close right to left, step in place on left
22-24 Step back on right, slide left to right swinging right shoulder slightly back, hold
25-27 Step forward on left, close right to left, step in place on left
28-30 Step back on right, close left to right, step in place on right
31-32 Step forward on left, traveling forward turn $\frac{1}{2}$ to left and step back on right
33 On right foot - pivot $\frac{1}{2}$ to left and step forward on left

LUNGE FORWARD, RECOVER, TURN $\frac{1}{4}$ TO RIGHT, TWINKLE, CROSS $\frac{1}{2}$ TURN TO RIGHT, SIDE, TWINKLE, CROSS, $\frac{1}{4}$ TURN TO RIGHT

34-35 Step forward on right bending knee slightly, recover back onto left
36 Turn $\frac{1}{4}$ to right and step right to right side
37-39 Cross left over right, step right to right, close left to right
40-42 Cross right over left, step left to left turning $\frac{1}{4}$ to right, turn $\frac{1}{4}$ to right stepping to side on right
43-45 Cross left over right, step right to right, close left to right
46-48 Cross right over left, turn $\frac{1}{4}$ to right stepping left to left side, step in place on right foot (feet slightly apart)

REPEAT
