Mustang Sally

拍数: 32

级数: Beginner

编舞者: Vivienne Scott (CAN)

音乐: Mustang Sally - The Commitments

TWO SHIMMIES TO RIGHT WITH CLAPS

- 1-4 Step side right with a shimmy, step left beside right, clap
- 5-8 Step side right with a shimmy, step left beside right, clap

VINE TO LEFT WITH ¼ TURN, RIGHT SCUFF, DIAGONAL FORWARD SHUFFLES RIGHT AND LEFT

- Step left to left side, step right behind left 9-10
- 11-12 Step left to left side with 1/4 turn to left, scuff right forward
- On right diagonal, step forward right, step left beside right, step forward right (right, left, right) 13&14
- 15&16 On left diagonal, step forward left, step right beside left, step forward left (left, right, left)

TWO JUMPS BACK WITH CLAPS, TWO HIPS ROLLS MAKING 1/4 TURN LEFT

- Jump back, right, left, clap &17-18
- &19-20 Jump back, right, left, clap (weight on left)
- 21-22 Step right forward slightly (1/8 turn), roll hips in full circular motion to left
- Step right forward slightly (1/8 turn), roll hips in full circular motion to left 23-24

KICK RIGHT, STEP RIGHT BESIDE LEFT, KICK LEFT, STEP LEFT BESIDE RIGHT, TWO KICKS RIGHT, **ROCKING CHAIR**

- 25&26 Kick right forward, step right beside left, kick left forward
- &27-28 Step left beside right, kick right forward twice
- 29-30 Rock forward on right, recover weight on left
- 31-32 Rock back on right, recover weight on left

REPEAT

Last Update: 14 Dec 2022





墙数: 2