

# Mustang Sally

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 2                      级数: Intermediate  
编舞者: Neil Hale (USA)  
音乐: Mustang Sally - The Commitments



## KICK STEP BACK, TRIPLE STEP, FULL TURN

1-2                      Right kick forward; right step back  
3&4                      Left step back; right step next to left; left step next to right  
5-6                      \*right step forward; left step forward into  $\frac{1}{4}$  turn right  
7-8                      Right step side right into  $\frac{1}{4}$  right; pivot on right as you step back with left into  $\frac{1}{2}$  turn right  
(weight on left)

\*(Count 5 option is & 5 with a scoot on left on & before your step forward Right on 5.)

## "SAILOR SHUFFLES" (CROSS-BALL-CHANGE)

1&2                      Cross right behind left; step ball of left foot side left; change weight to right as you step side right  
3&4                      Cross left behind right; step ball of right foot side right; change weight to left as you step side left

## RIGHT & LEFT FORWARD DIAGONAL PATTERN WITH CLAPS

1-2                      Right step forward at slight 45 degree angle right; left step next to right & clap  
3-4                      Right step forward at slight 45 degree angle right; left touch next to right & clap  
5-6                      Left step forward at slight 45 degree angle left; right step next to left & clap  
7-8                      Left step forward at slight 45 degree angle left; right touch next to left & clap

## HIP ROLLS WITH "PALMS ON THIGHS"

1- 4                      Step down right & roll hips right; roll hips left; roll hips right; roll hips left

## $\frac{1}{4}$ MONTEREY TURNS

1-2                      Right point side right; pivot  $\frac{1}{4}$  turn right on ball of left as you step right next to left  
3-4                      Left point side left; left step next to right  
5-6                      Right point side right; pivot  $\frac{1}{4}$  turn right on ball of left as you step right next to left  
7-8                      Left point side left; left step next to right

## "SAILOR SHUFFLES" (CROSS-BALL-CHANGE)

1 & 2                      Cross right behind left; step ball of left foot side left; change weight to right as you step side right  
3&4                      Cross left behind right; step ball of right foot side right; change weight to left as you step side left

## "RIDE THE MUSTANG" & CLAP

Arm position-holding reins of horse

1&                      Right step side right with slight forward angle; left step behind right  
2&                      Right step side right with slight forward angle; left step behind right  
3-4                      Right step side right; left touch next to right & clap  
5&                      Left step side left with slight forward angle; right step behind left  
6&                      Left step side left with slight forward angle; right step behind left  
7-8                      Left step side left; right touch next to left & clap

## EXECUTE A FULL TURN NEXT 4 COUNTS,

1-2                      Right step side right; pivot  $\frac{1}{2}$  turn right as you step side left  
3-4                      Replace weight to right; pivot  $\frac{1}{2}$  turn right as you step side left

REPEAT

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