

# Music Is The Key

拍数: 96                      墙数: 2                      级数: Intermediate waltz  
编舞者: Teresa Lawrence (UK) & Vera Fisher (UK)  
音乐: Music Is The Key - Sarah Connor



For an advanced dance to this track see "Waltz Is The Key" by Max Perry

## STEP BACK SLIDE, COASTER STEP, ¼ TURN SWEEP CROSS SHUFFLE

1-2-3                      Big step left back, slide/touch right together over 2 counts  
4-5-6                      Coaster step right, left, right  
1-2-3                      Turn ¼ left and cross left over right, sweep right back to front over 2 counts (9:00)  
4-5-6                      Crossing shuffle right, left, right

## STEP LEFT SLIDE TOUCH, SWAY RIGHT, LEFT, FULL TURN RIGHT

1-2-3                      Step left to side, slide/touch right together over 2 counts  
4-5-6                      Step right to side, sway to right over 2 counts  
1-2-3                      Sway to left  
4-5-6                      Turn ¼ right and step right forward, turn ½ right and step left back, turn ¼ right and step right to side (9:00)

Option: side, together, side

## LUNGE FORWARD HOLD FOR 2, ½ TURN LEFT, STEP HITCH TURN, COASTER STEP

1-2-3                      Lunge left forward over 3 counts  
4-5-6                      Step right in place, turn ½ left and step left forward, step right forward  
1-2-3                      Step left forward and hitch right knee, turn ½ left over 2 counts  
Option without turns, small shuffle back on right, step back on left, hitch right knee & hold for 2  
4-5-6                      Coaster step right, left, right (9:00)

## STEP SWEEP OVER, STEP SWEEP OVER, CROSS OVER, SIDE, BEHIND, STEP SIDE, SLIDE TOUCH

1-2-3                      Step left forward, sweep right back to front over 2 counts  
4-5-6                      Step right forward, sweep left back to front over 2 counts  
1-2-3                      Cross left over right, step right to side, cross left behind right  
4-5-6                      Big step right to side, slide/touch left together over 2 counts

## ¼ TURN LEFT, SIDE ROCK REPLACE CROSS TWICE

1-2-3                      Turn ¼ left and step left forward, hold for 2 counts  
4-5-6                      Rock right to side, replace on left, cross right over left  
1-6                          Repeat 1-6 above (3:00)

## LUNGE HOLD FOR 2, ½ TURN RIGHT, STEP SWEEP ½, COASTER STEP

1-2-3                      Lunge left diagonally forward, hold for 2 counts  
4-5-6                      Turn ¼ right and step right to side, step left together, turn ¼ right and step right forward

You are traveling backwards, not to side

1-2-3                      Step left forward, turn ½ right and sweep right from front to back over 2 counts  
Option without turns: small shuffle back on right, step back on left & hold for 2-3  
4-5-6                      Coaster step right, left, right (3:00)

## STEP LEFT HOLD FOR 2, 3 COUNT BOX, TWICE

1-2-3                      Step left diagonally forward, hold for 2 counts  
4-5-6                      Cross right over left, step left back, step right to side  
1-6                          Repeat 1-6 above

**STEP FORWARD HOLD FOR 2, SHUFFLE FORWARD, SLOW ¼ TURN STEP SIDE SLIDE**

1-2-3 Step left forward, hold for 2 counts

4-5-6 Shuffle forward right, left, right

1-2-3 Step left forward, turn ¼ right (weight to left), hold

4-5-6 Step right to side, slide/touch left together over 2 counts (6:00)

**REPEAT**

**ENDING**

**As the track ends you will do first 3 counts of section 4 "step forward left sweep right over" as you go into the next 3 counts you will do**

1-7 Step right forward, cross left over right, step right to side, cross left behind right, turn ¼ right to face the home wall & just pose

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