Murder On The Dancefloor



拍数: 0 墙数: 0 级数:

编舞者: Tessa Lane (UK)

音乐: Murder On the Dance Floor - Sophie Ellis-Bextor



Sequence: ABCD, ABCCD, ABCCC

SECTION A (36 COUNTS)

KICK BALL CHANGE, SKATES, 1/4 TURN SHUFFLE, PIVOT 1/2 TURN

1-4 Kick ball change (right), two skates (right, left)

5-8 ¼ turn shuffle (right, left, right), pivot ½ turn (left, right)

ROCK RECOVER, COASTER STEP, ROCK RECOVER, SPIN

9-12 Rock forward (left), recover (right), coaster step (left, right, left)

13-16 Rock out to right side, recover weight onto left foot to start a 3 step full turn (left, right, left)

KICK BALL CHANGE, SKATES, 1/4 TURN SHUFFLE, PIVOT 1/2 TURN

17-20 Kick ball change (right), two skates (right, left)

21-24 ½ turn shuffle (right, left, right), pivot ½ turn (left, right)

ROCK RECOVER, COASTER STEP, ROCK RECOVER, SPIN

25-28 Rock forward (left), recover (right), coaster step (left, right, left)

29-32 Rock out to right side, recover weight onto left foot to start a 3 step full turn (left, right, left)

ROCK FORWARD AND BACK

Rock forward on right foot, recover weight onto left Rock back on right foot, recover weight onto left

SECTION B (28 COUNTS)

RIGHT WEAVE WITH STOMP

17-24 Slow weave to the right - right to side, left behind, right to side, left in front, right to side, left

behind, right to side, bring left next to right in a stomp but keep weight on right

KICK BALL CHANGE, TOE ACROSS TURN

9-12 Kick ball change (left), bring left toe across in front of right foot and made a half turn

AS ABOVE

13-24 Repeat steps 1-12 above

ROCK FORWARD & BACK

25-26 Rock forward on right foot, recover weight onto left Rock back on right foot, recover weight onto left

SECTION C (32 COUNTS)

TWO STEPS. KICK BALL CHANGE. ROCK RECOVER. COASTER STEP

1-4 Step forward right, step forward left, right kick ball change

5-8 Step forward right, recover weight onto left, right coaster step back

TURNING VINES

9-12 Turning vine to the left with a clap
13-16 Turning vine to the right with a clap

HIP BUMPS, SIDE SHUFFLE WITH 1/4 TURN TO THE LEFT

17-20	Two hip bumps to the left, two hip bumps to the right
21-22	Single hip bump to the left, single hip bump to the right

23-24 Side shuffle to the left (left, right, left), making a ¼ turn to the left

PIVOT ½ TURN, FORWARD SHUFFLE, PIVOT ½ TURN, FORWARD SHUFFLE

25-28 Pivot ½ turn to left (right, left), shuffle forward (right, left, right)
29-32 Pivot ½ turn to right (left, right), shuffle forward (left, right, left)

SECTION D (4 COUNTS) ROCK FORWARD AND BACK

1-2 Rock forward on right foot, recover weight onto left3-4 Rock back on right foot, recover weight onto left