Multiplicity

拍数: 46

级数: Intermediate

编舞者: Noel Bradey (AUS)

音乐: The Road Less Traveled - Graeme Connors

SIDE SADDLE RIGHT, SIDE SADDLE LEFT, COASTER STEP, LEFT 45, TOGETHER

- 1-2 Touch right toe to right side and slightly forward rolling hip to right, slap right heel down
- 3-4 Touch left toe t0 left side and slightly forward rolling hip to left, slap left heel down
- 5&6 Step back on right foot, step left together with right, step forward on right foot
- 7-8 Touch left heel forward at 45 degrees angle. Step left together with right (finish weight on left)

FULL TURN RIGHT, TURN & A QUARTER LEFT, SCUFF FORWARD

- 9-12 Traveling right on right, left, right, turn full turn right, touch left together with right
- 13-16 Traveling left on left, right, left, turn 1-¼ turn left, scuff right foot forward

STEP BACK, BACK, BACK, BACK, FORWARD

- 17-18 Step back on right over left, step back on left
- 19&20 Step back on right over left, step back on left, step forward on right

STEP FORWARD, ROCK BACK, QUARTER TURN LEFT, STEP FORWARD

- 21-22 Step forward on left, rock back onto right
- 23-24 Step on left to left turning ¼ turn left, touch right together with left

SHUFFLE, ROCK BACK & TURN, STEP FORWARD, SHUFFLE, ROCK BACK & TURN

- 25&26 Shuffle side right on right, left, right
- 27-28 Rock back on left turning ¼ turn left, step forward on right
- 29&30 Shuffle forward on left, right, left
- 31-32 Step forward on right turning ¼ turn left, rock/step weight onto left

SHUFFLE RIGHT, SUGARFOOT, JUMP BEHIND, OVER, JUMP, 45, JUMP OVER, BEHIND JUMP, 45

- 33&34 Shuffle side right on right, left, right (keeping feet wide apart)
- 35-36 Touch left toe slightly forward & to left (left knee pointing in), touch left heel slightly forward & to left (left toe pointing out)
- &37&38 Jump left behind right, jump right over left, jump on left to left, right heel forward at 45 degrees
- &39&40 Jump right over left, jump left behind right, jump on right to right, left heel forward at 45 degrees

JUMP, CROSS, UNWIND, KICK BALL CHANGE, STOMP, STOMP.

- &41-42 Jump left behind right, jump right over left (start turning left), unwind ³/₄ turn left
- 43&44 Right kick forward, step right next to left, step left next to right
- 45-46 Stomp right next to left, stomp right next to left (keep weight on left)

REPEAT





墙数:4