

Mucho Mambo No. 1

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Advanced
编舞者: Kate Sala (UK)
音乐: Mucho Mambo (Sway) - Shaft



RIGHT HEEL BALL CROSS TWICE, ROCK FORWARD AND BACK, COASTER STEP

1&2 Touch right heel to right diagonal, step back on the ball of right, cross left over right
3&4 Repeat the above 1&2
5-6 Rock forward on to right, rock back on to left
7&8 Step right back, step left beside right, step right forward

½ PIVOT RIGHT, SWAY FORWARD, BACK, LEFT LOCK STEP BACK, STEP RIGHT, ¼ PIVOT LEFT

1-2 Step forward on left, pivot ½ right
3-4 Step forward on left (swaying hips forward), step back on right (swaying hips back)
5&6 Step left back, locking in front of right, step right back, step left back, locking in front of right
7-8 Step right to right side, pivot ¼ left

¼ PIVOT LEFT TWICE WITH HIP ROTATIONS, KICK BALL TOUCH, CROSS, UNWIND ½ TURN RIGHT

1-2 Step right forward, pivot ¼ left, rotating hips anti to the right
3-4 Repeat the above counts 1 2
5&6 Kick right forward, step right beside left, touch left toe to left side
7-8 Cross left in front of right, unwind ½ turn right

HEEL SWITCHES, ROCK FORWARD AND BACK, WALK FORWARD TWICE

1& Tap right heel forward, step right next to left
2& Tap left heel forward, step left next to right
3-4 Rock forward on right, rock left back in place
5-6 Rock back on right, rock left forward in place
7-8 Walk forward right, left

REPEAT
