

Much Obligated

拍数: 64 墙数: 2 级数: Intermediate
编舞者: M.T. Groove (UK)
音乐: Be Without You - Mary J. Blige



CROSS UNWIND, STEP ½ TURN TOUCH, WALK WALK, SWAY SWAY DRAG

1-2 Cross left over right, unwind a ½ turn right. (weight on left)
3&4 Step forward right, make ½ turn right stepping back on left, touch right toe forward
5-6 Walk forward right, left
7&8 Step right to right side as you sway right, left, take a big to right side as you drag in left

STEP ¼ PIVOT (PREP), TRIPLE FULL TURN LEFT, WALK ¼ TURN RIGHT, LEFT, RUN RUN TOUCH

1-2 Step forward left, pivot ¼ turn right. (prep)
3&4 Make a full turn left, stepping left, right, left traveling left
5-6 Make a ¼ turn right and walk forward right, left
7&8 Run right, left, touch right toe behind left heel

BACK LOCK ¼ TURN, DRAG ¼ COLLAPSE STEP STEP, STEP PIVOT STEP ½ TURN TWICE

1&2 Step back on right, lock left across right, make ¼ turn right as you step right to right side
3&4 Drag left foot across right, make ¼ turn right and fall into a step left, right
Really accentuate count 3 (drag) and collapse into the step
5&6 Step forward left, pivot ½ turn right, step forward left
7&8 Step forward right, pivot ½ turn left, step forward right

SWEEP BACK BACK TWICE, ½ TURN PIVOT (PREP), TRIPLE 1½ TURNS LEFT, RIGHT, LEFT

1&2 Sweep left across right step back right, left
3&4 Sweep right across left step back left, right
5-6 Step forward on left, pivot ½ turn right (prep) weight on right
7&8 Make a triple 1½ turns left stepping left, right, left

¼ TURN SIDE BACK ROCK, SIDE BACK ROCK, SIDE TOGETHER ½ TURN, SIDE BACK ROCK

1-2& Make ¼ turn left step right to side, rock back left, recover right
3-4& Step left to left side, rock back right, recover left
5&6 Step right to right side, step left next to right (&) on balls of feet spin a ½ turn left
7-8& Step right to right side, rock back left, recover right

STEP SIDE, BACK ROCK, SIDE SLIDE, ¼ SLIDE ¼ SLIDE, AND SIDE, TOUCH/SWEEP ¼ BALL STEP

1-2& Step left to left side, rock back right, recover left
3-4 Slide right to right side, make ¼ turn left slide left to left side
5&6 Make a ¼ turn left as you slide right to right side, step left next to right, step right to right side
7&8 Touch left toe forward, sweep left a ¼ turn left onto ball of left slightly behind right, step forward on right

STEP & STEP, STEP BACK DRAG, & RIGHT SHUFFLE, MAMBO ½ TURN

1&2 Step big step forward left to left diagonal, step right next to left, step left in place
3-4& Step big step back on right, drag left next to right, step on left
5&6 Right shuffle forward
7&8 Rock forward on left, recover right, make a ½ turn left stepping forward left

¼ SIDE BEHIND, STEP BACK, FORWARD BACK FORWARD, ¼ WALK WALK, ½ SEMI CIRCLE SHUFFLE

&1-2 Make ¼ left step right to right side, step left behind right, lift right leg up and step it behind left
3&4 Rock body forward back forward weight ends up on left

5-6

Make a $\frac{1}{4}$ turn right as you walk forward right, left

7&8

Right shuffle $\frac{1}{2}$ turn right. Make this a semi circle shuffle

REPEAT
