

Mr. Moonbeam

拍数: 64 墙数: 3 级数: Improver
编舞者: Mustang Sally (UK)
音乐: Mr. Moonbeam - Magill



TOE STRUT, TOE STRUT, ROCK RECOVER, CROSSING SHUFFLE

1-4 Right toe strut, left toe strut
5-6 Rock on right to right side, recover weight on left
7&8 Cross right over left, step weight on left, cross right over left

SIDE ROCK, RECOVER, COASTER STEP, KICK BALL CHANGE, STAMP, CLAP

9-10 Rock on left to left side, recover weight on right
11&12 Step back on left, in place on right, forward on left
13&14 Kick right foot forward, step in place right, then left
15-16 Stamp on right foot, clap hands once

(ROLLING) VINE LEFT WITH A ¼ TURN LEFT, HOLD. WALK, HOLD, WALK, HOLD

17-20 Step left to left, right behind left, step left to left, turning ¼ left, hold
21-24 Walk forward right, hold, left, hold

WALK BACK, BACK, COASTER STEP; STEP (HOLD), TURN (HOLD)

25-26 Walk back right, then left
27&28 Step back right, in place left, forward right
29-32 Step forward left, hold, twist on left heel and right toe ¼ turn to left

TOE STRUT, TOE STRUT, ROCK RECOVER, CROSSING SHUFFLE

33-36 Right toe strut, left toe strut
37-38 Rock on right to right side, recover weight on left
39&40 Cross right over left, step weight on left, cross right over left

(ROLLING) VINE LEFT, MONTEREY TURN

41-44 Step left foot to left, step right behind left, step left to side, touch right
45-46 Touch right to right side, bring foot in, turning ½ to right
47-48 Touch left to side, bring foot in

SIDE STEP, TWIST, TWIST, TOUCH; SIDE, TWIST, TWIST, STEP

49 Long step to right with right foot
50-52 Twist left heel to right, left toes to right, touch left foot in place
53 Long step to left with left foot
54-56 Twist right heel to left, right toes to left, step right foot in place

STEP (HOLD), TURN (HOLD), STEP (HOLD), TURN (HOLD)

57-60 Step forward right, hold, turn ¼ left, hold
61-64 Repeat steps 57-60

REPEAT

RESTART

On wall 5, restart the dance after dancing only 32 counts of it

ENDING

Repeat the last 16 counts twice, doing ½ turns (rather than ¼ turns)

