

Mr. Lonely

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Jutta Ahrapalo (FIN)
音乐: Lonely - Akon



2 X BRUSH FORWARD AND ACROSS AND FORWARD AND BACK AND FORWARD AND HITCH AND STEP

1&2& Brush right forward, brush right across left, brush right forward, brush right back
3&4 Brush right forward, hitch right, step right forward
5&6& Brush left forward, brush left across right, brush left forward, brush left back
7&8 Brush left forward, hitch left, step left forward

RIGHT TOUCH SCOOT STEP, LEFT COASTER STEP, STEP ¾ TURN LEFT, SIDE TOGETHER

1&2 Touch right behind left, scoot back with left, step right back
3&4 Step left back, step right beside left, step left forward
5-6 Step right forward, ¾ turn to left
7-8 Slide right to right side, step left together

2 X RIGHT STEP LOCK STEP FORWARD, LEFT STEP LOCK STEP WITH ½ TURN TO RIGHT

1-2& Step right diagonally forward, lock left behind right, step right to right side
3-4& Step left diagonally forward, lock right behind left, turn ½ to right and step left to left side
5-6& Repeat steps 1-2&
7-8& Repeat steps 3-4&

RIGHT STRUT, LEFT STRUT, OUT, OUT, IN, IN

1-4 Step forward with right toe, step down right heel, step forward with left toe, step down left heel
5-6 Step right diagonally forward, step left diagonally forward
7-8 Step right back to center, step left beside right

WALK, WALK, TOUCH, STEP, ANCHOR STEP, WALK, WALK

1-4 Step right forward, step left forward, touch right behind left, step right behind left
5&6 Step left behind right, recover to right, recover to left
7-8 Step right forward, step left forward

ROCK AND CROSS, ¼ RONDE RIGHT, CROSS, SIDE, BEHIND SIDE CROSS

1&2 Rock right to right side, recover to left, step right across left
3-4 Sweep left making ¼ turn right
5-6 Step left across right, step right to right side
7&8 Step left behind right, step right to right side, step left across right

RIGHT ROCK STEP, ½ RIGHT TURN SAILOR CROSS, LEFT ROCK STEP, LEFT CROSS SHUFFLE

1-2 Rock right to right side, recover to left
3&4 Step right behind left, making ½ turn to right step left to left side, step right across left
5-6 Rock left to left side, recover to right
7&8 Step left across right, step right to right side, step left across right

PRESS KICK, ¼ SAILOR TURN RIGHT, SKATES AND TOUCH

1-2 Rock and press right to right side, kick right diagonally forward
3&4 Step right behind left, making ¼ turn to right step left forward, step right forward
5-8 Skate left, skate right, skate left, touch right beside left

REPEAT
