

Mr. Cool

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Judy McDonald (CAN)
音乐: Mr. Saturday Night - Johnny Reid



RIGHT HEEL, RIGHT TOE, RIGHT HEEL, RIGHT STEP

1-4 Touch right heel forward, touch right toe across in front of and beside left, touch right heel forward, step right beside left

LEFT HEEL, LEFT TOE, LEFT KICK BALL CHANGE

5-6 Touch left heel forward, touch left toe across in front of and beside right
7&8 Kick left heel forward, step left back, step right in place

LEFT HEEL, LEFT TOE, LEFT HEEL, LEFT STEP

1-4 Touch left heel forward, touch left toe across in front of and beside right, touch left heel forward, step left beside right

RIGHT HEEL, RIGHT TOE, RIGHT KICK BALL CHANGE

5-6 Touch right heel forward, touch right toe across in front of and beside left
7&8 Kick right heel forward, step right back, step left in place

RIGHT TOE STRUT, LEFT TOE STRUT

1-4 Step right toe forward, drop right heel, step left toe forward, drop left heel

BOOGIE WALKS X 4

5-8 Bend knees and walk forward right, left, right, left

You can also turn knees in with each step and point index fingers at floor moving shoulders up & down

RIGHT SIDE SHUFFLE, ¼ TURN LEFT SIDE SHUFFLE

1&2 Step right to side, step left beside right, step right to side
3&4 Make ¼ turn left and step left to side, step right beside left, step left to side

RIGHT ROCK BACK, LEFT STEP, RIGHT ROCK FORWARD, LEFT STEP

5-8 Step right back, step left in place, step right forward, step left in place

RIGHT TOE STRUT, LEFT CROSS TOE STRUT

1-4 Step right toe to side, drop right heel, step left toe across in front of right, drop left heel

RIGHT SIDE ROCK, LEFT STEP, RIGHT SAILOR STEP

5-6 Step right to side, step left in place
7&8 Step right behind left, step left to side, step right in place

LEFT TOE STRUT, RIGHT CROSS TOE STRUT

1-4 Step left toe to side, drop left heel, step right toe across in front of left, drop right heel

LEFT SIDE ROCK, RIGHT STEP, LEFT SAILOR STEP

5-6 Step left to side, step right in place
7&8 Step left behind right, step right to side, step left in place

RIGHT TOE STRUT FORWARD, LEFT TOE STRUT FORWARD

1-4 Step right toe forward, drop right heel, step left toe forward, drop left heel

RIGHT ¾ MONTEREY TURN

5-8 Touch right to side, turn ¾ turn to right on left foot while stepping right beside left, touch left to side, step left beside right

RIGHT SIDE SHUFFLE, ¼ TURN LEFT SIDE SHUFFLE

1&2 Step right to side, step left beside right, step right to side

3&4 Make ¼ turn left and step left to side, step right beside left, step left to side

RIGHT ROCK BACK, LEFT STEP, RIGHT ROCK FORWARD, LEFT STEP

5-8 Step right back, step left in place, step right forward, step left in place

REPEAT

TAG

The third time you do the dance, add the following:

1-6 Right rock back, left step, right rock forward, left step, right rock back, step left forward, step right in place, step left back, step right beside left, step left forward

The fourth time you do the dance (right after the last tag), add:

RIGHT SIDE SHUFFLE, ¼ TURN LEFT SIDE SHUFFLE

1&2 Step right to side, step left beside right, step right to side

3&4 Make ¼ turn left and step left to side, step right beside left, step left to side

RIGHT ROCK BACK, LEFT STEP, RIGHT ROCK FORWARD, LEFT STEP

5-8 Step right back, step left in place, step right forward, step left in place

RIGHT SIDE SHUFFLE, ¼ TURN LEFT SIDE SHUFFLE

1&2 Step right to side, step left beside right, step right to side

3&4 Make ¼ turn left and step left to side, step right beside left, step left to side

RIGHT ROCK BACK, LEFT STEP, RIGHT ROCK FORWARD, LEFT STEP

5-8 Step right back, step left in place, step right forward, step left in place
