

# Movin On Up

拍数: 32      墙数: 0      级数:  
编舞者: Crazy Chris (UK) & Katie Adams (UK)  
音乐: Keep On Movin' - Five



## VAUDEVILLE STEPS, STEP ¼ TURN

&1            Step weight back onto left, cross step right over left  
&2            Step left back to left diagonal, touch right heel to right diagonal  
&3            Step right to place, cross step left over right  
&4            Step right back to right diagonal, touch left heel to left diagonal  
&5-6        Step left to place, step forward right, pivot ½ turn left  
7-8           Step forward right, pivot ¼ turn left

## KICKS SAILOR STEP, KICKS SAILOR STEP ¼ TURN

1-2           Kick right diagonal left, kick right diagonal right  
3&4         Step right behind left, step left to left step right to right  
5-6         Kick left diagonal right, kick left diagonal left, step left behind right  
7&8         Step right to right, step left ¼ turn left

## ROCKS WITH TURNING CHA-CHA-CHA AND CROSS STEP CROSS

1-2-3&4     Rock forward right, rock back left, ½ turn shuffle (right, left, right)  
5-6         Step back left diagonal, step back right diagonal  
7&8         Cross left over right, step right to right, cross left over right

## HEEL JACKS WITH BODY SHIMMY

&1            Step back right diagonal, touch left heel to left diagonal  
&2            Step left back to place, step right beside left  
&3            Step back right diagonal, touch left heel to left diagonal  
&4            Step left back to place, step right beside left  
&5            Step left to left side, step right to right side  
6-8         Shimmy shoulders bending knees down and up

## REPEAT

## TAG

### On wall 3 and 5 at end of sequence

1-2           Rock forward right, rock back left  
3-4         Step right ½ turn left, step right with body roll