

Movin'

拍数: 32 墙数: 4 级数: Improver
编舞者: Vicky Doyle
音乐: Moving On Up - Scooter Lee



1 Touch right toe next to left foot
2 Kick right foot forward
3 Cross right foot over left
4 Step back on left foot
5 Take right foot to right side
6 Cross left foot over right foot
7-8 Take right foot to right side and slide left foot next to right

1 Touch left toe next to right foot
2 Kick left foot forward
3 Cross left foot over right foot
4 Step back on right foot
5 Take left foot to left side
6 Cross right foot over left foot
7-8 Take left foot to left side and slide right foot next to left

1 Rock back onto right foot
2 Rock forward onto left foot
3-4 Take right foot to right side and slide left foot next to right
5 Rock back onto left foot
6 Rock forward onto right foot
7 ¼ turn to the left with left foot
8 Hold

1 Step forward on right foot
2 ½ turn to the left
3 Step forward on right foot make a ½ turn to the left (weight ends on right)
4 Hold
5 Step back on left foot
6 Bring right foot next to left foot
7 Step forward on left foot
8 Hold

REPEAT
