

Move N Groove

COPPER **NOB**
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mark Cosenza (USA)
音乐: The Lion Sleeps Tonight - *NSYNC



STEP SIDE LEFT, RIGHT, LEFT FORWARD RIGHT, LEFT SIDE RIGHT, CROSS LEFT, BACK RIGHT, SIDE LEFT PIVOT RIGHT

1-2& Step left, step side right, step forward left
3-4 Step forward right, step forward left
5 Step side right
6&7 Cross left over right, step back right, step side left
8 Bending knees slightly, pivot $\frac{1}{4}$ right and shift weight to right

ROCK LEFT, RECOVER, COASTER TURN $\frac{1}{2}$ LEFT, ROCK RIGHT, RECOVER, COASTER STEP WITH SWIVEL

1-2 Rock forward left, recover
3& Step back left, step together right,
4 While stepping forward on left, lift right knee and pivot $\frac{1}{2}$ left
5 Step down and rock forward right
6 Recover left
7& Step back right, step together left
8 Step forward right and slightly swivel on ball of foot diagonal right

CROSSOVER STEPS, ROCK RIGHT, CROSS BEHIND AND FORWARD

Counts 1-4 are all in crossed position

1-2& Cross left over right, step right towards left, step left side right
3-4 Step right towards left, step left side right

For added style on the above 4 counts, slightly bend knees and swivel toes to left for each count as you move right

5-6 Rock right side right, recover left
7&8 Cross right behind left, step left side left, step right across left

DIAGONAL STEPS: LEFT, FULL TURN LEFT, ROCK BACK LEFT

1 Step left diagonal forward angle left
2&3 Continuing diagonal forward, step right in front of left, pivoting $\frac{1}{2}$ left, step back on left, pivoting $\frac{1}{2}$ left, step forward right (completing full turn)
4 Rock back on left

SIDE RIGHT & PIVOT $\frac{1}{4}$ LEFT, ELECTRIC KICK RIGHT WITH A $\frac{1}{2}$ PIVOT RIGHT

5 Step right side right & swivel toes to right (face $\frac{1}{4}$ right)
6 Pivot $\frac{1}{2}$ left, swivel toes to left & shift weight to left (face $\frac{1}{2}$ left)
7&8 Electric kick right forward step, step down on left, pivot $\frac{1}{4}$ right & step down on right

REPEAT