

# Move N Groove

COPPERKNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Mark Cosenza (USA)  
音乐: The Lion Sleeps Tonight - \*NSYNC



## STEP SIDE LEFT, RIGHT, LEFT FORWARD RIGHT, LEFT SIDE RIGHT, CROSS LEFT, BACK RIGHT, SIDE LEFT PIVOT RIGHT

1-2&      Step left, step side right, step forward left  
3-4      Step forward right, step forward left  
5      Step side right  
6&7      Cross left over right, step back right, step side left  
8      Bending knees slightly, pivot  $\frac{1}{4}$  right and shift weight to right

## ROCK LEFT, RECOVER, COASTER TURN $\frac{1}{2}$ LEFT, ROCK RIGHT, RECOVER, COASTER STEP WITH SWIVEL

1-2      Rock forward left, recover  
3&      Step back left, step together right,  
4      While stepping forward on left, lift right knee and pivot  $\frac{1}{2}$  left  
5      Step down and rock forward right  
6      Recover left  
7&      Step back right, step together left  
8      Step forward right and slightly swivel on ball of foot diagonal right

## CROSSOVER STEPS, ROCK RIGHT, CROSS BEHIND AND FORWARD

Counts 1-4 are all in crossed position

1-2&      Cross left over right, step right towards left, step left side right  
3-4      Step right towards left, step left side right

For added style on the above 4 counts, slightly bend knees and swivel toes to left for each count as you move right

5-6      Rock right side right, recover left  
7&8      Cross right behind left, step left side left, step right across left

## DIAGONAL STEPS: LEFT, FULL TURN LEFT, ROCK BACK LEFT

1      Step left diagonal forward angle left  
2&3      Continuing diagonal forward, step right in front of left, pivoting  $\frac{1}{2}$  left, step back on left, pivoting  $\frac{1}{2}$  left, step forward right (completing full turn)  
4      Rock back on left

## SIDE RIGHT & PIVOT $\frac{1}{4}$ LEFT, ELECTRIC KICK RIGHT WITH A $\frac{1}{2}$ PIVOT RIGHT

5      Step right side right & swivel toes to right (face  $\frac{1}{4}$  right)  
6      Pivot  $\frac{1}{2}$  left, swivel toes to left & shift weight to left (face  $\frac{1}{2}$  left)  
7&8      Electric kick right forward step, step down on left, pivot  $\frac{1}{4}$  right & step down on right

REPEAT