

# Move Me

**COPPER** **NOB**  
BY STEPHEN B. BROWN

拍数: 0      墙数: 0      级数: Intermediate  
编舞者: Kathy Brown (USA)  
音乐: The Way You Move - Outkast



Sequence: AA, BB, AA, BB, BB, BB, BB  
Central Florida Dance Stampede - 1st place winner - int/adv - phrased

## PART A

### FUNKY WALKS FORWARD AND BACK, RIGHT ¼ TURN JAZZ

- 1-2            Step forward right (rolling knee and hip left to right, step forward left (rolling knee and hip right to left))  
3-4            Step back right (rolling hip right), step back left (rolling hip left)  
5-6            Cross right over left, step left back ¼ turn right  
7-8            Step right to side, step left next to right

### FUNKY WALKS FORWARD AND BACK, RIGHT ¼ TURN JAZZ

- 9-16            Repeat 1-8

### RIGHT MONTEREY TURN, SIDE ROCK CROSS, STRUTS WITH SHIMMIES

- 1-2            Point right to side, bring right next to left and with weight on left, turn ½ right, step down on right  
3&4            Rock left to side, return right, cross left over right  
5&6            Step ball of right to side and lift right shoulder up, lift left shoulder up, lift right shoulder up and step down on right heel  
7&8            Cross ball of left over right and lift left shoulder up, lift right shoulder up, lift left shoulder up and step down on left heel

### ROCK RETURN, WEAVE LEFT, HEEL BOUNCE ½ LEFT

- 1-2            Rock right to side, return left  
3&4            Step right behind left, step left to side, cross right over left  
5-6            Raise up on balls of both feet and bounce ¼ turn left  
7-8            Raise up on balls of both feet and bounce ¼ turn left (weight ends on left)

## PART B

### SIDE ROCK RETURN, LEFT TRIPLE ¼ TURN, PIVOT ¼ LEFT, LEFT SAILOR

- 1-2            Step right to side, rock left forward  
3                Return right  
4&5            Step left to side, step right next to left, step left ¼ turn left  
6                Turning ¼ left, step right to side  
7&8            Step left behind right, step right to side, step left to side

### STEP BEHIND, STEP ¼ LEFT, LEFT ¾ TRIPLE, STEP BEHIND, STEP, CROSS TRIPLE

- 1-2            Step right behind left, step left ¼ left  
3&4            Step right forward pivot ½ left, step left forward, pivot ¼ left stepping right to side  
5-6            Step left behind right, step right to side  
7&8            Cross left over right, step right to side, cross left over right

### TOUCH HITCH TURN, MAMBO BACK, HIP BUMPS LEFT AND RIGHT

- 1-2            Touch right to side, pivoting ¼ right, hitch right foot against left calf  
3&4            Rock right back, return left, step right next to left  
5&6            Step left slightly forward, bumping hips forward, back, forward

7&8 Step right slightly forward, bumping hips forward, back forward

**ROCK RETURN, TOUCH PIVOT ½ TURN, RIGHT TRIPLE, STEP, TOUCH**

1-2 Rock forward left, return right

3-4 Touch left toe back, pivot ½ left

5&6 Right triple forward

7-8 Step left (large) to side, touch right toe next to left

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