

# Move It Like This

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Improver  
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音乐: Move It Like This - Baha Men



## STEP TOGETHER, STEP TOUCH, STEP TOGETHER, STEP TOUCH

- 1-2      Step right forward towards 1:00, step left behind right
- 3-4      Step right forward towards 1:00, touch left beside right
- 5-6      Step left forward towards 11:00, step right behind left
- 7-8      Step left forward towards 11:00, touch right beside left

## KICK BALL CHANGE, TWIST, TURN, POINT, POINT, STEP TURN

- 1&2      Kick right to the right side, step right beside left, step left beside right
- 3      Swivel heels to right while bending knees
- 4      Swivel heels to left while doing a ¼ turn to the right (weight ending on right foot)
- 5-6      Point left forward (while leaning body back), point left back (while leaning body forward)
- 7-8      Do ½ turn towards left while stepping down on left, step right next to left while bending knees

## 3 KNEE POPS, SKATE RIGHT LEFT

- 1      Extend legs straight (unbending knees)- (while leaning body left)
- &2      Step slightly forward on right (while bending knee)(still leaning body left), step slightly forward on left (while bending knee)
- 3&4      Repeat steps 1&2 except lean body to right
- 5&6      Repeat except lean body to left
- 7-8      Skate right forward, skate left forward

## PADDLE TURNS, OUT, OUT, IN, IN, BODY ROLL

- 1-2      ¼ turn to the left while touching right to side, ¼ turn to left while touching right to side
- 3-4      ¼ turn to left while touching right to side, ¼ turn to left while touching right to side (weight still on left)
- &5&6      Step right to right side, step left to left side, step right to center, step left to center
- 7-8      Body roll

## REPEAT

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