Morning After Tears

拍数:80

级数: Improver

编舞者: Andrew Singmin (CAN)

音乐: Livin' On Borrowed Time - Travis Tritt

墙数:2

VINE TO RIGHT, SYNCOPATED VINE TO LEFT

- 1-4 Step to right on right foot, cross left foot behind right, step to right on right foot, tap left foot next to right
- &5-8 Step back on left foot (fast), cross right foot over left, step to left on left foot, cross right foot behind left, step to left on left foot

JAZZ BOX (TO LEFT) WITH ½ TURN RIGHT, JAZZ BOX (TO RIGHT)

- 9-12 Cross right foot over left, step back on left foot, hook right foot behind left and pivot ½ turn right, step on left foot
- 13-16 Step on right foot, cross left foot over right, step to right on right foot, step on left foot

TOUCH & TOUCH & HEEL, RECOVER, CROSS, SPIN, HEEL, RECOVER

- 17&18&19-20 Touch right foot to right, recover next to left, touch left foot to left, recover next to right, touch right heel forward, recover next to left
- 21-24 Cross left foot over right, pivot 1/2 turn right, touch right heel forward, recover next to left

VINE TO RIGHT, TOUCH, CROSS-HITCH, TOUCH, STEP

- 25-28 Step to right on right foot, cross left foot behind right, step to right on right foot, touch left foot next to right
- 29-32 Touch right foot to far right, recover to left with right knee bent across body, touch right foot to far right, recover next to left foot and step on right foot

VINE TO LEFT, TOUCH, CROSS-HITCH, TOUCH, TAP

- 33-36 Step to left on left foot, cross right foot behind left, step to left on left foot, touch right foot next to left
- 37-40 Touch right foot to far right, recover to left with right knee bent across body, touch right foot to far right, recover next to left foot and tap right foot

KICK & CROSS (TWICE), SIDE ROCK, BEHIND CROSS STEP

- 41&42-43&44 Kick right foot forward, recover next to left, cross left foot over right, kick right foot forward, recover next to left, cross left foot over right
- 45-48 Rock to right side on right foot, recover on left foot, step right foot behind left, step to left on left foot

CROSS, TURN, WEAVE, CROSS, TURN, LAND, STEP

- 49-52 Cross right foot over left, pivot full turn left, step to right on right foot, step behind right on left foot
- 53-56 Step to right on right foot, cross left foot over right, pivot full turn right on left foot, land on right foot, step on left foot

HEEL-FAN-TURN, BACK ROCK STEP, HEEL FAN-TURN, BACK ROCK STEP

- 57-60 Step on right heel (positioned in front of left foot) with right toe pointed ¼ left, swivel right foot ½ turn right together with a ¼ body turn to right, sweep right foot behind left and step back on right, step forward on left foot
- 61-64 Repeat counts 57-60

RIGHT STEP-LOCK-STEP-SCUFF, LEFT STEP-LOCK-STEP-TAP

65-68 Walk forward on right foot, slide left foot behind right, walk forward on right foot, scuff left foot



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69-72 Walk forward on left foot, slide right foot behind left, walk forward on left foot, tap right foot

TOUCH, KNEE BEND BEHIND-CROSS (X4)

73-76 Touch right toe to right side, recover right foot to behind left with simultaneous knee (both) bend, touch left foot to left side, recover left foot to behind right foot, with simultaneous knee (both) bend

77-80 Repeat counts 73-76

This move (counts 73-80) travels backwards

REPEAT

Song ends after 48th count going into 5th repeat ENDING

1-4 Step to right on right foot, cross left foot over right, pivot full turn right, keep weight on left foot, sweep right foot wide behind left