More Satisfaction



编舞者: Nancy Morgan (USA)

音乐: A Little Less Conversation (Radio Edit Remix) - Elvis & JXL



KICK-BACK-TOGETHER, SWIVEL, SWIVEL WITH 1/4 TURN, STEP, SLIDE, HOP 3X

1&2 Kick right forward; step back on right; step left next to right 3-4 Swivel both feet to right; swivel both feet to left turning ¼ left

For added style, turn your head right and then left while you swivel

5-6 Step right to right side; slide left to right

7&8 Hop 3 times to left (or you can do a side step, together; step going to the left)

KICK-STEP-TOUCH-STEP, KICK-BALL-CHANGE, BOUNCE ON HEELS 3 TIMES WITH 1/4 TURN RIGHT, KICK-BACK-SIT

9& Kick right forward; step right next to left10& Touch left to left side; step left next to right

11&12 Kick right forward; step right next to left; change weight to left 13&14 Bounce 3 times on heels as you turn ¼ turn to your right

15&16 Kick right forward; set right back; slightly sit (right foot should be pointing slightly to right, left

should be on its toes)

SNAP BACK AND FORWARD, WALK, WALK, SNAP BACK AND FORWARD, WALK, WALK

17-18 Snap right fingers to the back as you turn head to the back; snap fingers to the front as you

turn head to the front shifting weight to left

19-20 Walk forward right, left

As you shift your weight to right, snap right fingers to the back as you turn your head to the

back; snap fingers to the front as you turn your head to the front shifting weight to left

23-24 Walk forward right, left

STEP OUT, OUT, IN, IN, ROCK FORWARD AND $\frac{1}{2}$ TURN, STEP OUT, OUT, IN, IN, HOP FORWARD AS YOU DROP DOWN AND UP

Step right out to right side; step left out to left sideStep right in towards left; step left next to right

27&28 Rock forward on right; recover back on left; rock forward on right as you turn ½ turn right

Step left out to left side; step right out to right sideStep left in towards right; step right next to left

&31 Hop forward on left; quickly step right next to left bending knees slightly

32 Straighten knees

HOP FORWARD, BACK, FORWARD 1/4 TURN, BACK, FORWARD, CLAP, FORWARD, CLAP

&33 Hop forward left, right&34 Hop back left, right

&35 Hop forward left, right turning ¼ turn to left

&36 Hop back left, right

&37-38 Hop forward left, right; clap &39-40 Hop forward left, right; clap

REPEAT

TAG

After the first wall, restart, repeating first 3 sets of 8 counts, then add: OUT, OUT, IN, IN, STEP, TOGETHER

\$1 Step right out to right side; step left out to left side\$2 Step right in towards left; step left next to right

3-4 Step right; step left next to right

Now go back to beginning