

More & More

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Teresa Lawrence (UK) & Vera Fisher (UK)
音乐: More and More and More - The Bellamy Brothers



SIDE BEHIND, CHASSE ¼ TURN, STEP ¼ TURN HOOK, STEP ¼ TURN HITCH

1-2 Step right to right side, step left behind right
3&4 Chasse ¼ turn right (3:00)
5-6 Step forward on left, make ¼ turn right & hook right foot in front & across left leg (6:00)
7-8 Make ¼ turn right & step forward on right, hitch left knee (9:00)

SHUFFLE FORWARD LEFT, ROCKING CHAIR, PIVOT ½ TURN LEFT

1&2 Shuffle forward left, right, left
3-4 Rock forward on right, replace weight on left
5-6 Rock back right, replace weight on left
7-8 Step forward on right, pivot ½ turn left (3:00)

CHASSE SIDE, ROCK BACK, TOE HEEL ¼ TURN LEFT, TOE HEEL ¼ TURN LEFT

1&2 Chasse right to right side
3-4 Rock back on left, replace weight on right
5-6 Making ¼ turn right touch left toe back, bring left heel down (6:00)
7-8 Making ¼ turn right touch right toe to right side, bring right heel down (9:00)

SHUFFLE FORWARD LEFT, ROCK REPLACE, TRIPLE ½ TURN, TRIPLE ½ TURN

1&2 Shuffle forward left, right, left
3-4 Rock forward on right replace weight on left
5&6 Making ½ turn right do a triple step (right, left, right)
7&8 Making ½ turn right do a triple step (right, left, right)

You are traveling slightly back towards 3:00 wall (3:00)

You are traveling slightly back towards 3:00 wall (9:00)

Alternatives to turning triples, shuffle back on right then left

ROCK BACK REPLACE, ROCK RIGHT SIDE REPLACE, CROSS ROCK REPLACE, CHASSE SIDE

1-2 Rock back on right, replace weight on left
3-4 Rock right to right side, replace weight on left
5-6 Cross rock right over left, replace weight on left
7&8 Chasse right to right side

ROCK BACK REPLACE, ROCK SIDE REPLACE, CROSS ROCK REPLACE CHASSE ¼ LEFT

1-2 Rock back on left, replace weight on right
3-4 Rock left to left side, replace weight on right
5-6 Cross rock left over right, replace weight on right
7&8 Chasse left making ¼ turn left (6:00)

STEP RIGHT, LEFT KICK BALL CHANGE, STEP LEFT STEP RIGHT, LEFT KICK BALL CHANGE, STEP LEFT

1 Step forward on right
2&3 Left kick ball change
4-5 Step forward on left, step forward on right
6&7 Left kick ball change
8 Step forward on left

PADDLE ¼ TURNS X 3, WALK WALK

- 1-2 Step forward on right, turn ¼ left placing weight on left (3:00)
- 3-4 Step forward on right, turn ¼ left placing weight on left (12:00)
- 5-6 Step forward on right, turn ¼ left placing weight on left (9:00)
- 7-8 Step forward on right, step forward on left

REPEAT
