Mopin' Around

级数: Intermediate



拍数: 64

墙数:2 编舞者: Sandy Allen & Rhiannon Fry (AUS)

音乐: Hillbilly Blues - Trick Pony

1-2-3-4	Twist both heels out, twist both toes out, twist both toes in, twist both heels in
5-6-7	Jump both feet out, jump both feet across with right in front, unwind $\frac{1}{2}$ turn left ending with weight on right
8	Touch left toe back
1-2&3-4	Step left forward, step right beside left, step left slightly back, step right forward, step left beside right
5-6-7	Jump both feet out, jump both feet across with right in front, unwind $\frac{1}{2}$ turn left ending with weight on right
8	Touch left toe back
1-2&3-4	Step left forward, step right beside left, step left slightly back, step right forward, touch left toe beside right
5-6-7-8	Touch left toe to left 45, drop left heel, touch right toe to right 45, drop right heel (shimmy while doing counts 5-8)
1-2-3-4	Touch left toe forward, drop left heel, touch right toe beside left, drop right heel (shimmy while doing counts 1-4)
&5&6 &7&8	Step left back to left 45, touch right heel to right 45, step right in place, step left beside right Step right back to right 45, touch left heel to left 45, step left in place, touch beside left
1-2	Touch right to right side, bring right together while making ½ turn right taking weight on right
3-4-5-6 7-8	Touch left to left side, step left together, step right to right side, step left behind right Step right to right side, touch left beside right
1-2	Make 1/4 turn left step left forward, step right forward making a full turn left on ball of right
3&4-5	Scuff left beside right, step left forward, touch right behind left, step right to right 45 pushing right hip to right
&6-7&	Push left hip to left, push right hip to right, step left to left 45 pushing left hip to left, push right hip to right
8	Push left hip to left
1&2&3	Kick right across left, step right beside left, kick left across right, step left beside right, kick right across left
&4-5-6	Step right to right side, step left across in front of right, step right to right side, replace weight back on to left
7&8	Step right across in front of left, step left to left side, step right across in front of left
1-2	Touch left toe to left side, make ¾ turn left on ball of right ending with weight on left
3&4-5	Step right to right side, replace weight to left, step right across in front of left, step left to left side
6-7&8	Step right together, keeping legs together lift both heels and rotate knees & hips in a circle to the left (7&8)
REPEAT	

At the end of the second wall dance the following 8 counts

- 1-2-3-4 Touch right toe forward, drop right heel and click fingers, touch left toe across in front of right, drop left heel and click fingers
- 5-6-7-8 Touch right toe back, drop right heel and click finger, touch left toe beside right, drop left heel and click fingers