

Moonstone Waltz

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate waltz
编舞者: Tony Stanton (UK)
音乐: The Promise - Jody Jenkins



FULL TURN BACK, STEP BEHIND CROSS, ROCK AND CROSS, STEP LEFT TOGETHER

1-3 Turn ½ turn right stepping forward on right, turn ½ turn right stepping back left, step right to right
4-6 Cross left over right, step right to right, step left behind right
7-9 Rock right to right, recover on to left, cross right over left
10-12 Step left long step to left, slide right to left on two beats
Beats 1-3 alternate steps - step back right, step left together, step right to right)

STEP RIGHT, LEFT TOGETHER, ¼ TURN LEFT, ROCK RECOVER, CROSS POINTS TWICE

13-15 Step right long step right, slide left to right on two beats
16-18 Step left forward turning ¼ turn left, rock right to right, recover on to left
19-21 Cross right over left, point left toe to left, hold for one beat
22-24 Cross left over right, point right toe to right, hold for one beat (facing 9:00)

RIGHT BEHIND, ¼ TURN LEFT, PLAIN WALTZ STEPS FORWARD AND BACK, CROSS ½ TURN LEFT

25-27 Step right behind left, turn ¼ turn left stepping forward left, step forward on right
28-30 Step forward on left, step right against left, step left against right
31-33 Step back on right, step left against right, step right against left
34-36 Cross left over right, step right to right turning ½ turn left, step left to left

CROSS RIGHT, STEP LEFT, BEHIND RIGHT, HIP SWAYS, ROLLING FULL TURN RIGHT, BEHIND ¼ TURN RIGHT

37-39 Cross right over left, step left to left, step right behind left
40-42 Step left to left, swaying hips to left, sway hips to right, sway hips to left
43-45 Step right to right turning ¼ turn right, turn ¼ right stepping left to left, turn ½ turn right stepping right to right
46-48 Step left behind right, turn ¼ turn right stepping forward on right, step left together with right (facing 3:00)

Beat 43-45 alternate steps - step right to right, cross left over right, step right to right

REPEAT