

Moon Walk

拍数: 40 墙数: 2 级数: Intermediate
编舞者: Linda Relyea (USA)
音乐: Even the Man In the Moon Is Crying - Mark Collie



STOMP, CLAP, HOP, STOMP, STOMP, CLAP, HOP, STOMP

- 1-2 Stomp right foot in place; clap hands
- 3-4 Hop forward on left foot; stomp right foot next to left and clap hands
- 5-6 Stomp right foot in place; clap hands
- 7-8 Hop forward on left foot; stomp right foot next to left and clap hands

SIDE STEP, BEHIND, SIDE SHUFFLE, SIDE STEP, BEHIND, SIDE SHUFFLE

- 9-10 Step right foot to right side; step left foot behind right
- 11&12 Shuffle to right side on right, left, right
- 13-14 Step left foot to left side; step right foot behind left
- 15&16 Shuffle to left side on left, right, left

SYNCOPATED OUT & IN, MONTEREY TURN

- &17 Step right foot out to right side; step left foot out to left side
- 18 Hold and clap hands
- &19 Step right foot in to center; step left foot in to center
- 20 Hold & clap hands
- 21-22 Point right toe out to right side; make ½ turn to right stepping right foot next to left
- 23-24 Point left toe out to left side; touch left toe next to right foot

SHIMMY

- 25-26 Stepping left foot to left side, shimmy shoulders for two counts
- 27-28 Slide right foot next to left, shimmy shoulders and clap hands
- 29-30 Stepping left foot to left side, shimmy shoulders for two counts
- 31-32 Slide right foot next to left, shimmy shoulders and clap hands

SWIVELS, MONTEREY TURN

- 33-34 With feet together, swivel heels right; shifting weight to heels swivel toes right
- 35-36 Shifting weight to toes, swivel heels to right; shifting weight to heels, swivel toes to center
- 37-38 Point right toe out to right side; make ½ turn to right stepping right foot next to left
- 39-40 Point left toe out to left side; touch left toe next to right foot

REPEAT
