Moody Mambo



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Dianne Bishop (CAN) & Gloria Kirchner (CAN)

音乐: Moody Blue - Elvis Presley



MAMBO FORWARD AND BACK

1-4 Rock forward on right foot, recover on left foot, step right foot next to left, hold, 5-8 Rock back on left foot, recover on right foot, step left foot next to right, hold

MAMBO CROSS, SIDE CROSS SIDE

9-16 Rock right foot to right side, recover weight on left foot, cross right foot over left, hold, step to

left side on left foot, cross right over left, step to left side on left foot, hold

BREAKAWAYS, 1/4 TURN

17-24 Cross right foot behind left, recover forward on left foot, step ¼ turn left onto right foot, hold

cross left foot behind right, step forward on right foot, step to left side on left foot, hold

CROSS ROCK RECOVER, SPOT TURN

25-32 Cross rock right foot over left, recover on left, step to right side on right foot, hold, turn ¼ right and step forward with left foot, turn ½ right and step forward with right foot, turn ¼ right and

step left to left side, hold

LOCK STEPS BACK, RIGHT AND LEFT (ON A 45 DEGREE ANGLE)

33-40 Step back on right foot, drag and step left foot in front of right, step back on right, hold, step back on left foot, drag and step right foot in front of left, step back on left, touch right foot

beside left

WEAVE RIGHT AND LEFT, 1/4 TURN

Step right foot to right side, cross left foot behind right, step right foot to right side, cross left

foot over right, step right foot to right side, cross left foot behind right, step right foot to right

side, touch left foot next to right

49-56 Step left foot to left side, cross right foot behind left, step left foot to left side, cross right foot

over left, step left foot to left side, cross right foot behind left, step 1/4 turn left onto left foot,

touch right next to left

SIDE MAMBO, RIGHT AND LEFT

57-64 Rock side right on right foot, recover on left foot, step right foot next to left, hold, rock side left

on left foot, recover on right foot, step left foot next to right, hold

REPEAT

TAG

Done once on front wall, after the second time through dance

1-4 Four hip bumps, right, left, right, left

Weight must be on left foot to start dance again

RESTART

The 3rd time you face the home wall, you will do the first 32 counts of the dance and start over again (after the spot turn)

ENDING

Only if using the copy that fades out 2:51

The very last time around, facing back wall, when weaving to the left, you do a ½ turn to face the front wall,

ng your side mambos on the front wall to end the dance.					