

Moody Blue

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Lee Palmer (UK)
音乐: Moody Blue - Elvis Presley



Dedicated to Nora Gardiner on her 50th birthday

SHUFFLING JAZZ BOX

1-3&4 Cross right over left, hold, shuffle backwards left, right, left
5-7&8 Step right to right, hold, shuffle forward left, right, left

STOMP, KICK TURN, ROCK STEP

1-4 Stomp right next to left, kick right forward with turn right, rock back on right, rock forward on left
5-7&8 Step forward on right, turn left leaving weight on right, step back on left, bring right to left, step forward on left

1-16 Repeat first 16 counts

TOE TOUCH, KICK BALL CHANGE

1-3&4 Step forward right, touch left to left side, kick left forward, step onto ball of left next to right, change weight onto right
5-7&8 Step forward left, touch right to right side, kick right forward, step on ball of right next to left, change weight onto left

KNEE CIRCLES

1-4 Step right to right, hold and clap, circle right knee to right
5-8 Step left to left, hold and clap, circle left knee to left

MONTEREY TURNS, SIDE STEPS

1-4 Touch right to right, turn right bringing right to left, touch left to left, turn right bringing left to right

This will make one full turn

5-8 Step right to right, touch left next to right, step left to left side, touch right next to left

MONTEREY TURNS, HEEL DIGS

1-4 Touch right to right, turn right bringing right to left, touch left to left, turn right bringing left to right

This will make one full turn

5&6&7-8 Right heel dig forward, bring right to left, left heel dig forward, bring left to right, step forward on right, step left next to right

REPEAT

If using "Moody Blue", after second wall only, repeat last 4 counts to phrase with music. Start dance from beginning.