

Moody

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 2 级数: Intermediate
编舞者: Gemma Middleton (UK)
音乐: In the Mood - Glen Miller



Sequence: AA, BB, BB, BB, AA, A

PART A

TOE STRUT, TOE STRUT, STEP, BUMP HIPS BACK STRUT BACK STRUT STEP BUMP HIPS

1-2 Right toe strut forward, left toe strut forward
3&4 Step forward on right, bump hips right left right
5-6 Left toe strut back, right toe strut back
7&8 Step back on left, bump hips left right left

¼ TURN, TOE STRUT, TOE STRUT, STEP, BUMP HIPS, BACK STRUT BACK STRUT STEP BUMP HIPS

1-2 ¼ right toe strut forward, left toe strut forward
3&4 Step forward on right, bump hips right left right
5-6 Left toe strut back, right toe strut back
7&8 Sep back on left, bump hips left right left

VINE RIGHT ½ TURN VINE LEFT ¼ TURN HOLD

1-2 Step right to right side, cross left behind
3-4 Step right to right side, scuff left ½ turn
5-6 Step left to left side, cross right behind left
7-8 ¼ left stepping forward on left and hold

ROCK ½ TURN TRIPLE FULL TURN

1&2 Rock forward on right foot, recover, ½ turn right stepping on right
3&4 Full turn right stepping left right left

PART B

RIGHT FORWARD BACK, COASTER STEP RIGHT FORWARD BACK COASTER STEP

1-2 Point right toe forward, step back on right foot
3&4 Step back on left, step right next to left, step forward on left
5-6 Point right toe forward, step back on right foot
7&8 Step back on left, step right next to left, step forward on left

ROCK AND CROSS, ROCK AND CROSS, ROCK ½ TURN TRIPLE FULL TURN

1&2 Rock out onto right, recover on left and cross right over left
3&4 Rock out onto left, recover on right and cross left over right
5&6 Rock out on right, recover on left, crossing right over left making ½ turn left stepping on the right
7&8 Full turn over the left shoulder stepping back on the left, right left

TAG

Danced on the 9th and 10th at the end of part A

ROCK AND CROSS, ROCK AND CROSS, KICK BALL CHANGE

1&2 Rock out on right, recover on left and cross right over left
3&4 Rock out on left, recover on right and cross left over right
5&6 Kick right foot forward, step back on right, step forward on left

RESTART

There is a re-start on wall 8. You will be dancing part B, after the rock and crosses (right and left), you will go straight into part A. This is when the tags come in twice, both at the end of Part A. To finish the dance after the second struts and hip bumps forward cross right over left and unwind $1 \frac{1}{4}$ turn to bring you back to the starting wall.
