

Mood Swings

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Michael Vera-Lobos (AUS)
音乐: That's the Kind of Mood I'm In* - Patty Loveless



ROCK FORWARD/BACK, COASTER CROSS, SIDE SHUFFLE LEFT, RIGHT SAILOR STEP

- 1-2-3&4 Rock forward right, rock back on left, step back on right, step left beside right, cross right over left
- 5&6-7&8 Side shuffle left stepping left-right-left, cross right behind left, rock left to left, rock weight center on right

CROSS, ½ TURN, BEHIND, SIDE, CROSS, ½ UNWIND, BEHIND, SIDE, CROSS, TOUCH SIDE

- 1-2-3&4 Cross left over right, turn ½ turn right (end weight left), cross right behind left, step left to left, cross right over left
- 5-6&7-8 Unwind ½ turn left (end weight right), cross left behind right, step right to right, cross left over right, touch right toe to right side

TOGETHER, ROCK FORWARD/BACK, COASTER, STEP FORWARD, ½ PIVOT, SHUFFLE FORWARD

- &1-2-3&4 Step right beside left & rock forward on left, rock back right, step back left, step right beside left, step forward left
- 5-6-7&8 Step forward right, pivot ½ turn left (end weight left) shuffle forward right, stepping right-left-right

STEP FORWARD, ½ PIVOT, ANGLE ROCK, RECOVER, ANGLE ROCK, RECOVER ½ RIGHT, ½ RIGHT

- 1-2-3-4 Step forward on left, pivot ½ turn right, rock forward on left turning body slightly right, rock back on right straightening up
- 5-6-7-8 Rock back on left turning body slightly left, rock forward right straightening up, step forward left turning ½ turn right, step back on right turning a further ½ turn right (end weight right)

SIDE, TOGETHER, ¼ LEFT, STEP FORWARD RIGHT, ½ LEFT, ½ RIGHT, ½ RIGHT, ½ SHUFFLE RIGHT

- 1&2-3-4 Step left to left, step right beside left, step left to left turning ¼ turn left, step forward right, pivot ½ turn left (end weight left)
- 5-6-7&8 Pivot ½ turn right (end weight right), step forward left turning ½ turn right (end weight on left), turning a further ½ turn right shuffle forward right stepping right-left-right

ROCK FORWARD/BACK, SHUFFLE BACK, TOUCH BACK, ½ TURN, BALL STEP ½ TURN

- 1-2-3&4 Rock forward left, rock back right, shuffle back on left stepping left-right-left
- 5-6&7-8 Touch right toe back, pivot ½ turn right (end weight left), step right to center and step forward left, pivot ½ turn right (end weight right)

LEFT DOROTHY, RIGHT DOROTHY, & STEP FORWARD, ¾ PIVOT RIGHT, SIDE SHUFFLE LEFT

- 1-2&3-4& Step forward left 45 degrees left, lock right behind left, step forward left 45 degrees left, step forward right 45 degrees right, lock left behind right step forward right 45 degrees right (end weight on right)
- 5-6-7&8 Step forward left, pivot ¾ turn right (end weight right), side shuffle left, stepping left-right-left

RIGHT SAILOR, LEFT SAILOR, STEP FORWARD, ½ PIVOT, STEP FORWARD, ½ PIVOT

- 1&2-3&4 Cross right behind left, rock left to left, rock weight to right, cross left behind right, rock right to right, rock weight to left
- 5-6-7-8 Step forward right, pivot ½ turn left, step forward right, pivot ½ turn left (end weight left)

REPEAT

TAG

Occurs at the end of the second wall

ROCK FORWARD/BACK, COASTER, STEP, ½ TURN SHUFFLE FORWARD

1-2-3&4 Rock forward right, rock back on left, step back on right, step left beside right, step forward on right

5-6-7&8 Step forward left pivot ½ turn right, shuffle forward left stepping left-right-left

ROCK FORWARD/BACK, COASTER, STEP, ½ TURN SHUFFLE FORWARD

1-2-3&4 Rock forward right, rock back on left, step back on right, step left beside right, step forward on right

5-6-7&8 Step forward left pivot ½ turn right, shuffle forward left stepping left-right-left

Dance finishes on front wall. To finish stomp right then left
