

# Monterey Twist

COPPER KNOB  
BY STEPHENETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Jon Peppin (AUS)  
音乐: Shame On Me - Twister Alley



---

## ¼ TURN RIGHT MONTEREY, VINE RIGHT

- 1-4      Touch right toe to right side, turning ¼ turn right on left, step right beside left, touch left toe to left side, step left beside right  
5-8      Step right to right side, step left behind right, step right to right side, touch left beside right

## ¼ TURN LEFT MONTEREY

- 1-4      Touch left toe to left side, turning ¼ turn left on right, step left beside right, touch right toe to right side, step right beside left  
5-8      Step left forward, rock/replace weight back on right, step left back, step right beside left

## TRAVELING RIGHT, TRAVELING LEFT

- 1-4      Twist both heels right, both toes right, both heels right, hold and clap  
5-8      Twist both heels left, both toes left, both heels left, hold and clap

## ¼ TURN RIGHT MONTEREY, RIGHT SWIVET, LEFT SWIVET

- 1-4      Touch right toe to right side, turning ½ turn right on left, step right beside left, touch left toe to left side, step left beside right  
5-6      On right heel and ball of left foot, twist right toe right and left heel left, back to center  
7-8      On left heel and ball of right foot, twist left toe left and right heel right, back to center

**REPEAT**

---