The Monkey Dance



拍数: 48 墙数: 4 级数: Improver

编舞者: Anita McNab (CAN)

音乐: The Monkey Song - The Sugar Bees



RIGHT WEAVE FOR 4 COUNTS, SIDE SHUFFLE, ROCK STEP

Step side on right, cross left behind right, step side on right, cross left in front of right 5-8 Shuffle to right side right, left together, right, rock left behind right, recover on right

LEFT WEAVE FOR 4 COUNTS, SIDE SHUFFLE, ROCK STEP

9-12 Step side on left, cross right behind left, step side on left, cross right in front of left 13-16 Shuffle to left side left, right together, left, rock right behind left, recover on left

WALK FORWARD RIGHT, LEFT, RIGHT, SCUFF, ROCK FORWARD, RECOVER, ROCK BACK

17-20 Walk forward right, left, right, scuff left

21-24 Rock forward on left, recover on right, rock back on left, recover on right

WALK FORWARD LEFT, RIGHT, LEFT, SCUFF, ROCK FORWARD, RECOVER, ROCK BACK

25-28 Walk forward left, right, left, scuff right

29-32 Rock forward on right, recover on left, rock back on right, recover on left

TOE/ HEEL JAZZ BOX WITH 1/4 TURN RIGHT

33-36 Cross right toe over left, drop right heel, step back on left toe, drop left heel

37-40 1/4 turn to right with right toe, drop right heel, step left toe beside right, drop left heel

TO RIGHT SIDE, HEEL TOE TWISTS, HOLD/CLAP

41-42 With feet together, twist both heels to right side, both toes to right

43-44 Twist both heels to right, hold and clap

TO LEFT SIDE, HEEL TOE TWISTS, HOLD/CLAP

45-46 With feet together, twist both heels to left side, both toes to left

47-48 Twist both heels to left, hold and clap

REPEAT

Int/adv dancers may add a full turn to steps 3-4 and 11-12, 17-18 and 25-26