

Monkey Business

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 2 级数: Improver
编舞者: Andrea Moen (NOR)
音乐: Too Much Monkey Business - O.J. Hannsen



Sequence: AAA, BB, Tag, AAA, B, Ending

PART A

HEEL, HOCK, HEEL, TOGETHER, HEEL HOCK, HEEL, TOGETHER

1-2 Touch right heel forward, hock right over left
3-4 Touch right heel forward, step together
5-6 Touch left heel forward, hock left over right
7-8 Touch left heel forward, step together

STEP HOLD, TURN, HOLD, STEP FORWARD, HOLD, STEP OUT, HOLD

1-2 Step right forward, hold
3-4 Turn half left on left, hold
5-6 Step right slightly forward, hold
7-8 Step left to the side, hold

ELVIS KNEES WITH ARMS

1-2 Turn left knee in, hold
Arms: move both arms from right to left in front of you

HEEL JACKS RIGHT, HEEL JACKS LEFT

1-2 Step right to the side, cross left behind right
&3&4 Step right to the side, touch left heel forward, cross right over left
5-6 Step left to the side, cross right behind left
&7&8 Step left to the side, touch right heel forward, cross left over right

SHUFFLE RIGHT, ROCK, RECOVER, SHUFFLE LEFT, ROCK RECOVER

1&2 Step right to right, step left together, step right to right
3-4 Rock left back, recover on right
5&6 Step left to left, step together, step left to left
7-8 Rock right back, recover on left

LOCK STEP BACK, HOLD, LOCK STEP BACK, HOLD

1-2 Step right back, lock left in front of right
3-4 Step right back, hold
5-6 Step left back, lock right in front of left
7-8 Step left back, hold

STEP OUT, HOLD, STEP OUT, HOLD, SHAKE LEGS

1-2 Step right out and slightly forward, hold
3-4 Step left out to the side, hold
5-6 Turn both knees in, turn out
7-8 Turn both knees in, turn out

PART B

TWIST RIGHT, CLAP, TWIST LEFT, CLAP

1-2 Twist heels right, twist toes right
3-4 Twist heels right, clap

- 5-6 Twist heels left, twist toes left
7-8 Twist heels left, clap

TWIST RIGHT, CLAP, TWIST LEFT, CLAP, TWIST RIGHT, LEFT, RIGHT, LEFT

- 1-2 Twist heels right, clap
3-4 Twist heels left, clap
5-6 Twist heels right, left
7-8 Twist heels right, left

STEP HOLD, TURN, HOLD, STEP, HOLD, TURN, HOLD

- 1-2 Step right forward, hold
3-4 Turn half left on left, hold
5-6 Step right forward, hold
7-8 Turn half left on left, hold

TOE, HEEL, CROSS SHUFFLE, STEP TURN, STEP TURN

- 1-2 Touch right toe next to left, touch right heel to right diagonally
3&4 Cross right in front of left, step left together, cross right in front of left
5-6 Step left forward, hold
7-8 Turn half tight on right, hold

TAG

SHUFFLE LEFT, ROCK, RECOVER, SHUFFLE RIGHT, ROCK, RECOVER

- 1&2 Step left to left, step right next to left, step left to left
3-4 Rock right forward, recover on left
5&6 Step right to right, step left next to right, step right to right
7-8 Rock left forward, hold weight on left

BOX STEP, BOX STEP

- 1-2 Cross right over left, step left back
3-4 Step right to right, step slightly forward left
5-6 Cross right over left, step left back
7-8 Step right to right, step left slightly forward left

ENDING

WALK RIGHT, LEFT, RIGHT, STEP TURN, WALK LEFT RIGHT, LEFT

- 1-2 Walk right, left
3&4 Walk right, step left forward, turn half left on left foot, put weight on right
5-6 Walk left, right
7-8 Walk left, right

PRESS RIGHT TOE FORWARD, TURN KNEE, TURN AND BLOW ONE KISS

- 1-2 Press right toe forward, turn right in and turn body half left while kissing right hand
3-4 Turn back and blow the kiss to a person you like
-