

Momma Mia

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 1 级数: Intermediate
编舞者: Hazel Pace (UK)
音乐: Home to Mamma - Patrizio Buanne



Sequence: AAB, Tag, AAB, Ending

PART A

RIGHT SHUFFLE, ROCK RECOVER, LEFT SHUFFLE, ROCK RECOVER

1&2 Step forward on right, step left beside right, step forward on right
3-4 Rock forward on left, recover on right
5&6 Step back on left, step right beside left, step back on left
7-8 Rock back on right, recover on left

CROSS, SIDE, RIGHT SAILOR STEP, CROSS ¼ TURN LEFT, LEFT SHUFFLE, ROCK RECOVER

1-2 Cross right over left, step left to left side
3&4 Step right behind left, step left to left side, step right in place
5-6 Cross left over right, ¼ turn left stepping back on right
7&8 Step back on left, step right beside left, step back on left
9-10 Rock back on right, recover on left

RIGHT SHUFFLE, STEP ½ PIVOT RIGHT, LEFT SHUFFLE, ½ TURN RIGHT, ROCK RECOVER

1&2 Step forward on right, step left beside right, step forward on right
3-4 Step forward on left, ½ pivot turn right
5&6 Left shuffle making ½ turn right on left, right, left
7-8 Rock back on right, recover on left

CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER, ¼ TURN LEFT SHUFFLE, STEP ½ PIVOT LEFT

1-2 Cross rock right over left, recover on left
3&4 Step right to right side, step left beside right, step right to right side
5-6 Cross rock left over right, recover on right
7&8 Make ¼ turn left stepping forward on left, step right beside left, step forward on left
9-10 Step forward on right, ½ pivot turn left (facing 12:00)

CHORUS

KICK BALL CHANGE, STRIDE, TOUCH, SIDE SWITCHES LEFT, RIGHT, LEFT, CLAP TWICE

1&2 Kick right foot forward, step down on right, change weight onto left
3-4 Stride forward on right, touch left beside right
5&6 Touch left to left side, step left beside right, touch right to right side
&7&8 Step right beside left, touch left to left side, clap hands twice

CROSS, SIDE BEHIND, SIDE, CROSS ROCK, RECOVER, RIGHT SHUFFLE ¼ TURN RIGHT

&1-2 Step left beside right, cross right over left, step left to left side
3-4 Step right behind left, step left to left side
5-6 Cross rock right over left, recover on left
7&8 Make ¼ turn right stepping right towards 3:00, step left beside right, step forward on right

ROCK, RECOVER, ROCK BACK RECOVER, STEP ½ TURN RIGHT, RIGHT SHUFFLE BACK

1 Rock forward on left towards 3:00 turning body to face 6:00 arms out to sides hunching shoulders
2 Recover on right bringing arms down

- 3 Rock back on left body facing 12:00 arms out to side hunching shoulders
- 4 Recover on right bringing arms down (facing 3:00)
- 5-6 Step forward on left, make ½ turn right (keeping weight back on left)
- 7&8 Step back on right, step left beside right, step back on right

LEFT COASTER STEP, WALK RIGHT, LEFT, RIGHT, KICK LEFT, CLAP, WALK BACK LEFT RIGHT, LEFT COASTER STEP

- 1&2 Step back on left, step right beside left, step forward on left
- 3-4-5-6 Walk forward on right, left, right, kick left foot forward clap
- 7-8 Walk back left, right
- 9&10 Step back on left, step right beside left, step forward on left (facing 9:00)

KICK BALL CHANGE, STRIDE, TOUCH, SIDE SWITCHES LEFT, RIGHT, LEFT, CLAP TWICE

- 1&2 Kick right foot forward, step down on right, change weight onto left
- 3-4 Stride forward on right, touch left beside right
- 5&6 Touch left to left side, step left beside right, touch right to right side
- &7&8 Step right beside left, touch left to left side, clap hands twice

CROSS, SIDE BEHIND, SIDE, CROSS ROCK, RECOVER, RIGHT SHUFFLE ¼ TURN RIGHT

- &1-2 Step left beside right, cross right over left, step left to left side
- 3-4 Step right behind left, step left to left side
- 5-6 Cross rock right over left, recover on left
- 7&8 Make ¼ turn right stepping right towards 3:00, step left beside right, step forward on right

ROCK FORWARD, RECOVER, LEFT SHUFFLE ½ TURN LEFT, RIGHT SHUFFLE ½ TURN LEFT, LEFT COASTER STEP

- 1-2 Rock forward on left, recover on right
- 3&4 Left shuffle making ½ turn left on left, right, left
- 5&6 Right shuffle making ½ turn left on right, left, right (moving back towards 6:00 as you shuffle)
- 7&8 Step back on left, step right beside left, step forward on left

WALK FORWARD ON RIGHT, LEFT, RIGHT, KICK LEFT, CLAP, WALK BACK ON LEFT, RIGHT, LEFT COASTER STEP

- 1-2-3-4 Walk forward on right, left, right, kick left foot forward, clap
- 5-6 Walk back on left, right
- 7&8 Step back on left, step right beside left, step forward on left (facing front)

TAG

- 1-3 Cross right over left, step left to left side, step right to right side
- 4-6 Cross left over right, step right to right side, step left to left side

ENDING

WEAVE FULL TURN LEFT

- 1-2 Cross right over left, step left to left side
 - 3-4 Step right behind left, ¼ turn left stepping forward on left
 - 5-6 Step forward on right, ¼ pivot turn left
 - 7-8 Step forward on right, ½ pivot turn left
 - 9-10 Big finish, stomp right foot forward, arms out
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