

Moments Of Pleasure

COPPER KNOB
BY STEPHEN T. S.

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Kristina Beeby (AUS)
音乐: Stay In This Moment - Trick Pony



- 1-3 Step left forward, step right beside left, step left back
4-5 Sweep right around behind left, turn $\frac{1}{4}$ turn left step forward
6 Turning $\frac{1}{2}$ turn step back on right
- 1 Turning $\frac{1}{4}$ turn left step left to left side
2-3 Step right across left, rock back onto left
4 Turning $\frac{1}{4}$ turn right step right forward
5&6 Shuffle forward left-right-left
- 1-3 Step/rock right to right side, rock hips left, rock hips right
4-5 Touch left behind right, unwind $\frac{3}{4}$ turn left (weight on left)
6 Step/rock right forward
- 1-2 Rock back onto left, turning $\frac{1}{2}$ turn right step right forward
3-4 Turning $\frac{1}{2}$ turn right step back on left, turning $\frac{1}{2}$ turn right step right forward
5&6 Shuffle forward left-right-left
- 1-3 Step/rock right to right side, rock onto left, step right behind left
&4 Turning $\frac{1}{4}$ turn left step left forward, step right forward
5-6 Step left forward, rock back onto right
- &1 Step left beside right, step right back
2-3 Turn $\frac{1}{4}$ turn left step left to left side, step right across left
4-5 Turn $\frac{1}{4}$ turn left step left forward, rock back on right
6 Turn $\frac{1}{4}$ turn left step left to left side
- 1-3 Step right across left, step left to left side, step right behind left
&4 Step left to left side, step right forward
5-6 Rock back on left, step back on right
- 1-2 Rock forward onto left, turning $\frac{1}{4}$ turn left step right back
3-4 Turning $\frac{1}{4}$ turn left step left to side, step right across left
5-6 Step/rock left to left side, rock hips right

REPEAT

TAG

At the end of wall 3 add the following steps then restart the dance

TRAVELING BACK - USE HIPS WHEN ROCKING RIGHT AND LEFT

- 1-3 Step left behind right, step/rock right to right side, rock onto left
4-6 Step right behind left, step/rock left to left side, rock onto right

TRAVELING FORWARD - USE HIPS WHEN ROCKING RIGHT AND LEFT

- 1-3 Step left across right, step/rock right to right side, rock onto left
4-6 Step right across left, step/rock left to left side, rock onto left

