

Moments

拍数: 48 墙数: 4 级数: Improver
编舞者: Dawn Rathbun (USA)
音乐: Moments - Emerson Drive



STEP TOUCH, STEP TOUCH, STEP, SWEEP, ¼ STEP, STEP

1-2 Cross left, point right to side
3-4 Cross right, point left to side
5-6 Step forward left, sweep right behind
7-8 Step right ¼ right, step side left (3:00)

BALL CROSS, BALL CROSS, SCISSOR, ROCK, ½ SHUFFLE

&1 Ball right, cross left
&2 Ball right, cross left
3&4 Step side right, ball left, cross right
5-6 Step forward left, recover back right
7&8 Step left forward ½ left, slide right, step forward left (9:00)

SCISSOR, BALL CROSS, BALL CROSS, ROCK, ½ SHUFFLE

1&2 Step side right, ball left, cross right
&3 Ball left, cross right
&4 Ball left, cross right
5-6 Step forward left, recover back right
7&8 Step left forward ½ left, slide right, step forward left (3:00)

SYNCOPATED ROCKIN' CHAIR

1-2 Step forward right, recover back left
3&4 Step back right, ball left, step forward right
5-6 Step back left, step back right
&7-8 Ball left, step forward right, recover back left

WEAVE, ½ PIVOT

1-2 Step right behind, step side left
3-4 Step right over, step side left
5-6 Step right behind, step side left
7-8 Step forward right, turn ½ left (weight on left 9:00)

CROSS, UNWIND ½, ROCK, BALL CROSS, BALL CROSS, WALK ¼, WALK ¼

1-2 Cross right, unwind left ½ (weight on right 3:00)
3-4 Step back left, recover right
&5 Ball left, cross right
&6 Ball left, cross right
7-8 Step left ¼ left, step right ¼ left (9:00)

REPEAT

RESTART

Second wall: leave out the last 4 counts and restart dance after rock (6:00)

Fifth wall: only do the first 14 counts and restart dance after the rock (3:00)