

# Moments

拍数: 32      墙数: 2      级数: Intermediate/Advanced  
编舞者: Susan Byrne (AUS)  
音乐: From This Moment On - Shania Twain



The dance starts on vocals after Shania sings "from" step to right on the word "this"

## FULL TURN, STEPS FORWARD, DIAGONAL BACK STEP, DIAGONAL BACK STEP WITH $\frac{3}{4}$ TURN

- 1&2      Turning a  $\frac{1}{4}$  turn to right, step right foot to side, hitching left leg to full turn to right, step/hop quickly onto left, then step forward onto right
- 3-4      Walk forward left-right
- 5&6      Diagonally step ball of left foot back, step quickly onto right and then place left foot behind right
- 7&8      Diagonally step right foot back, step quickly onto left, pivoting on left turn  $\frac{3}{4}$  turn right stepping onto right (weight ends on right)

## SYNCOPATED CHA-CHA, SHUFFLE STEP, $\frac{1}{2}$ PIVOT TURN SWIVELING HEELS

- 9&10      Step forward left, step back on right, step left beside right
- 11&12      Step back on right, step forward on left, step right beside left
- 13&14      Shuffle forward left-right-left
- 15&16      With bent knees  $\frac{1}{4}$  pivot turn right on balls of feet, swivel heels left-right-left (weight ends on right)

## SYNCOPATED VINE & $\frac{1}{2}$ TURN, SWAYS, DIAGONAL FORWARD CROSS STEPS, SHUFFLE STEP

- 17&18      Step left behind right, step right quickly to side and cross left in front of right turning  $\frac{1}{2}$  turn to right (weight ends left)
- 19-20      Sway right, then left
- 21      Diagonally cross step right forward 45 degrees to left pivoting on ball of right to swing left leg around to front
- 22-23&24      Diagonally cross step left forward 45 degrees to right pivoting on ball of left to swing right leg around to front, turn  $\frac{1}{4}$  turn left, shuffle forward right-left-right (weight ends on right)

## BACKWARDS TRAVELING VINE, $\frac{1}{4}$ TURN, $\frac{1}{2}$ PIVOT TURN, STEP & TOUCH, BENT KNEE STEP/TOUCH

- 25&26      Step backwards onto left, cross right quickly in front of left, step backwards onto left, right toe pointing
- 27&28      Step right to the side turning a  $\frac{1}{4}$  turn, step forward on left, pivot a  $\frac{1}{2}$  turn to right, step forward on right
- 29-30      Turn a  $\frac{1}{4}$  turn to left stepping right foot to the side, touch ball of left next to right
- 31-32      Leaning body to right -- step right ball of foot to side with bent knees, touch ball of right next to left straightening body (weight ends of right)

REPEAT

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