

Momento

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jytte Stougaard (DK)
音乐: Un Momento Alla - Rick Trevino



ROCK FORWARD RIGHT, BACK SHUFFLE BACK ROCK SHUFFLE FORWARD

1-2-3&4 Rock right forward recover to left shuffle back right-left-right
5-6-7&8 Back rock left recover to right shuffle forward left-right-left

SIDE ROCK, CROSS SHUFFLE LEFT, SIDE ROCK, CROSS SHUFFLE RIGHT

1-2-3&4 Side rock to right recover to left cross shuffle to right right-left-right
5-6-7&8 Side rock to left recover to right cross shuffle to left left-right-left

ROCK FORWARD SHUFFLE ½ TURN RIGHT, ROCK FORWARD SHUFFLE ½ TURN LEFT

1-2-3&4 Rock forward on right recover to left shuffle ½ turn right (6:00) right-left-right
5-6-7&8 Rock forward left recover to right shuffle ½ turn left (12:00) left-right-left

STEP ½ TURN LEFT SHUFFLE FORWARD RIGHT-LEFT-RIGHT STEP ½ TURN RIGHT BACK SHUFFLE

1-2-3&4 Step forward on right ½ turn left shuffle forward right-left-right (6:00)
5-6-7&8 Step forward left ½ turn right weight on left foot(raise your hands out and straight up above your head and click your fingers, and straight down when you) shuffle back right-left-right (12:00)

BACK ROCK LEFT, CHASSE ¼ TURN LEFT, FULL TURN 1 ¼ TURN CHASSE RIGHT

1-2-3&4 Back rock left recover to right, chasse left, right make ¼ turn left step forward on left (9:00)
5-6-7&8 ½ turn left step back on right (3:00) ½ turn left step forward on left, ¼ turn left chasse to right, right-left-right (6:00)
9-16 Repeat this 8 steps above and end (12:00)

CROSS ROCK CHASSE ¼ TURN LEFT STEP ½ TURN LEFT SHUFFLE BACK LEFT-RIGHT-LEFT

1-2-3&4 Cross left over right recover to right, chasse left, right ¼ turn left step forward on left (9:00)
5-6-7&8 Step forward right ½ turn left weight on right shuffle back left-right-left (3:00)

BACK ROCK SHUFFLE FORWARD SIDE ROCK ¼ TURN SHUFFLE

1-2-3&4 Back rock right recover to left shuffle forward right-left-right
5-6-7&8 Side rock left recover and turn ¼ to right weight on right, shuffle forward left-right-left (6:00)

REPEAT

ENDING

Dance to the first 16 steps and then full unwind right ending 12:00
This dance I Dedicated to my friend Anne Lise for her 60th Birthday