# The MMC (Make Mine Country)



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Donna Wasnick (USA) 音乐: Wink - Neal McCoy



### Begin after 16 count intro. to keep dance phrased to song.

## STEP SCOOTS

1	Step right	forward

Scoot on right bring left knee up and clap

3 Step left forward

4 Turn ½ left and bring right knee up and clap

5 Step right forward

6 Scoot on right bring left knee up and clap

7 Step left forward

8 Keeping weight on left bring right knee up without scooting and clap

#### BRUSH FORWARD & BACK & CROSS POINT X TURN STOMP STOMP

9	Brush ball of right forward
10	Brush ball of right back

&11 Step right back (a little), cross left over right

12 Point right toe to right side

13 Cross right over left

On balls of feet turn ½ left (unwind) ending with weight on left

15 Stomp right up16 Stomp right up

#### SHUFFLE, TURN 1/2 RIGHT, SHUFFLE, TURN 1/2 LEFT

17&18 Step right forward, step left next to right, step right forward

19 Step left forward

20 On balls of feet turn ½ right with weight ending on right 21&22 Step left forward, step right next to left, step left forward

23 Step right forward

24 On ball of feet turn ½ left with weight ending on left

## DIAMOND-TWIST 1/2-TWIST 1/4

25 Cross step right over left

26 Step left back

27 Step right to right side

28 Step left forward in front of right (keep feet close together)

29-30 Bend knees down and swivel ½ right on balls of feet coming back up as you finish

31-32 Bend knees down and swivel ¼ left on balls of feet coming back up as you finish (you are

now facing 3:00-end with weight on left)

#### KICKS FORWARD, BACK, FORWARD, TURN 1/2

33	Kick the heel of right foot forward
34	Kick the heel of right foot forward
35	Kick the heel of right foot back
36	Kick the heel of right foot back
37	Kick the heel of right forward

	9:00)
39	Stomp step right forward
40	Stomp left next to right (weight now on left)
HEEL SLAPS,	UUGH
41	Touch right heel forward
42	On ball of left foot turn $\frac{1}{4}$ left and slap right hand to right heel of boot (you are now facing 6:00)
43	Step down on right bending at both knees and bring both fisted hands forward
44	Come back up and pull hands back (vocal optional)
45	Touch left heel forward
46	Slap left hand to left heel of boot
47	Step down on left bending at both knees and bring both fisted hands forward
48	Come back up and pull hands back (vocal uugh!) (weight on left)

On ball of left foot turn ½ left and kick right foot back (sometimes called a 'flick'-now facing

38

**REPEAT**