

Mitzy's (Dance Studio)

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Sonia Darquea (USA) & Ric Darquea (USA)
音乐: Perfidia - John Altman



INTRODUCTION STEPS DESCRIPTION (1-112)

BASIC MERENGUE STEPS

1-8 Side left, right together, side left, right together, side left, right together, side left, right touch
9-16 Side right, left together, side right, left together, side right, left together, side right, left touch
17-20 Side left, right together, side left, right touch
21-24 Side right, left together, side right, left touch

BASIC CHA-CHA STEPS

25-28 Rock forward on left, recover right, cha-cha steps in place (left, right, left)
29-32 Rock back on right, recover left, cha-cha steps in place (right, left, right)
33-36 Rock to left side, recover right, cha-cha steps in place (left, right, left)
37-40 Rock to side on right, recover left, cha-cha steps turning ½ to right (right, left, right) (6:00)

41-80 Repeat steps 1-40 (12:00)

BREAK STEPS: STOMP, HOLD 3 COUNTS (REPEAT 6X), POINT LEFT FORWARD, HOLD 3 COUNTS, LEFT RONDE

81-84 Stomp left diagonally forward, hold 3 counts
85-88 Stomp right diagonally forward, hold 3 counts
89-92 Stomp left diagonally forward, hold 3 counts
93-96 Stomp right diagonally back, hold 3 counts
97-100 Stomp left diagonally back, hold 3 counts
101-104 Stomp right diagonally back, hold 3 counts

On the break steps, throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite

105-112 Point left toes forward, hold 3 counts), left ronde (front to back in 4 counts)

THE MAIN DANCE

BASIC CHA-CHA FORWARD, BASIC CHA-CHA BACK

1-4 Rock forward left, left cha-cha in place (left, right, left)
5-8 Rock back right, right cha-cha in place (right, left, right)

2 COUNT VINE TO LEFT, SHUFFLE TURN ¼ TO LEFT

9-12 Side step left, right step behind left, left shuffle ¼ to left (left, right, left) (9:00)
13-16 Rock forward on right, recover on left, right shuffle turn ½ to right 3:00

WALK 2 STEPS FORWARD, 2 SHUFFLE ½ TURNS TO RIGHT, ROCK LEFT FORWARD

17-18 Walk forward: left, right
19-22 Left shuffle turn ½ to right, right shuffle turn ½ to right (full turn, moving forward)
23-24 Rock forward on left, recover on right

REPEAT

BREAK STEPS

1-4 Stomp left diagonally forward, hold 3 counts
5-8 Stomp right diagonally forward, hold 3 counts

On the break steps, throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite

BASIC MERENGUE STEP

Side step with bent knee bringing right hip up, step right together with bent, knee bringing left hip up

BASIC CHA-CHA STEP

Basic cha-cha steps are rock step, shuffle in place
