Mississippi Rock (P)



编舞者: Jim Hopkins

音乐: Take a Little Trip - Alabama



Position: Promenade position

1	Step left foot forward and rock on it
2	Rock back on right foot
3	Rock forward on left foot
4	Touch right foot next to left
5	Step right foot forward and rock on it
6	Rock back on left foot
7	Rock forward on right foot
8	Touch left foot next to right
9	Step left foot forward and rock on it
10	Rock back on right foot
11	Rock forward on left foot
12	Touch right foot next to left
13-15	Right vine-right, left, right
16	Scuff left foot
17-19	Left vine-left, right, left
20	Scuff right foot
21-23	Step back-right, left, right
24	Hitch left leg

Drop hands going in opposite directions

LADY

25-27	Step-slide-step diagonally to the right- left, right, left
28	Scuff right foot and clap
29-31	Step-slide-step diagonally to the left- right, left, right
32	Scuff left foot and clap
33-35	Step-slide-step diagonally to the right- left, right, left
36	Scuff right foot and clap
37-39	Step-slide-step diagonally to the left- right, left, right
40	Scuff left foot

MAN

1417 41 4		
25-27	Step-slide-step diagonally to the left-left, right, left	
28	Scuff right foot and clap	
29-31	Step-side-step diagonally to the right-right, left, right	
32	Scuff left foot and clap	
33-35	Step-slide-step diagonally to the left-left, right, left	
36	Scuff right foot and clap	
37-39	Step-slide-step diagonally to the right-right, left, right	
40	Scuff left foot	
Disk up left hands as you promoned forward doing a full turn left		

Pick up left hands as you promenade forward doing a full turn left

41&42	Shuffle forward turning-left, right, left
43&44	Shuffle forward turning-right, left, right
45&46	Shuffle forward turning-left, right, left
47&48	Shuffle forward turning-right, left, right

- 3-31	Ottoli lorward-lert, right, lert	
52	Scuff right foot	
53-55	Stroll forward-right, left, right	
56	Pivot ¼ right as you hitch your left leg	
Man is behind lady both facing outside circle, holding hands at lady's shoulder		
57	Step left foot to left side	
58	Touch right foot next to left	
59	Step right foot to right side	
60	Touch left foot next to right	
61	Step left foot to left side	
62	Touch right foot next to left	
63	Step right foot to right side	
64	Touch left foot next to right	
In the next eight counts complete a 1-1/4 turn left. Drop right hands as you turn		
65-66	Step left foot in place turning, scuff right foot	
67-68	Step right foot in place turning, scuff left foot	
69-70	Step left foot in place turning, scuff right foot	
71-72	Step right foot in place turning, scuff left foot (facing LOD in promenade position)	
73&74	Shuffle forward-left, right, left	
75&76	Shuffle forward-right, left, right	
77&78	Shuffle forward-left, right, left	
79&80	Shuffle forward-right, left, right	

Stroll forward-left, right, left

49-51

REPEAT